YIN AND YANG

Designed by Darlene Zimmerman
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Featuring KONA® cotton solids

For questions about this pattern, please email Patterns@RobertKaufman.com.

Finished quilt measures: 60” x 68”

Pattern Level: Experienced Intermediate

“I know the ropes and would like to test my skills!”

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## Fabric and Supplies Needed

<table>
<thead>
<tr>
<th>Color</th>
<th>Fabric</th>
<th>Name/SKU</th>
<th>Yardage</th>
<th>Color</th>
<th>Fabric</th>
<th>Name/SKU</th>
<th>Yardage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>K001-629</td>
<td>PINK FLAMINGO</td>
<td>3-1/3 yards</td>
<td>B</td>
<td>K001-1283</td>
<td>PEARL PINK</td>
<td>2-1/3 yards</td>
</tr>
</tbody>
</table>

*includes binding

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You will also need:
3-7/8 yards for backing
Maltese Cross template set by EZ Quilting #882148

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## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4” unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42” wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

## Cutting Instructions

**From Fabric A, cut:**
- twenty-two 3-1/2” x WOF strips. Subcut:
  - twenty-eight C shapes
  - one hundred twelve A shapes
  - one hundred twelve B shapes
- seven 2-1/2” x WOF strips. Sew together, end-to-end, and set aside for the border.
- seven 2-1/2” x WOF strips for the binding

**From Fabric B, cut:**
- twenty-two 3-1/2” x WOF strips. Subcut:
  - twenty-eight C shapes
  - one hundred twelve A shapes
  - one hundred twelve B shapes
Assembling the Blocks

**Block A**

**Step 1** Sew a coral A shape to a light pink B shape, with the B shape on top. Repeat on the opposite end of the B shape. Finger-press the seams to the coral A shapes. Repeat to make fifty-six identical units.

![Diagram of Step 1](image1)

**Step 2** Sew a light pink B shape to opposite sides of a coral C center, sewing with the C shape on top. Finger-press the seams to the coral C center. Make twenty-eight identical units.

![Diagram of Step 2](image2)

**Step 3** Sew two Step 1 units to the top and bottom of a Step 2 unit, matching and pinning seam intersections. Sew with the Step 2 unit on top. Finger-press the seams toward the Step 1 units. Make a total of twenty-eight blocks. At this point the blocks should measure 8-1/2” square.

![Diagram of Step 3](image3)

**Block B**

**Step 4** Repeat Steps 1-3 to make Block B, using the light pink A and C shapes, and the coral B shapes. Finger-press the seams toward the Step 2 units. Make twenty-eight blocks. At this point the blocks should measure 8-1/2” square.

![Diagram of Block B](image4)
Assembling the Quilt

**Step 1** Sew a Block A to a Block B, matching and pinning seam intersections. Sew four A blocks and three B blocks together to make a row. Make four rows the same. Finger-press the seams toward the A blocks.

**Step 2** Sew a Block B to a Block A, matching and pinning seam intersections. Sew four B blocks and three A blocks together to make a row. Make four rows the same. Finger-press the seams toward the B blocks.

**Step 3** Alternating Step 1 and Step 2 rows, sew them together, matching and pinning seam intersections. Press the seams all one direction.

**Borders**

**Step 1** Press the quilt top, the measure across the width of the quilt. Trim two borders to this length. Sew to the top and bottom of the quilt. Press toward the borders.

**Step 2** Measure the length of the quilt plus borders. Trim two borders the length of the quilt. Sew to the sides of the quilt. Press toward the borders.

Your quilt top is complete! Baste, quilt, bind and enjoy!