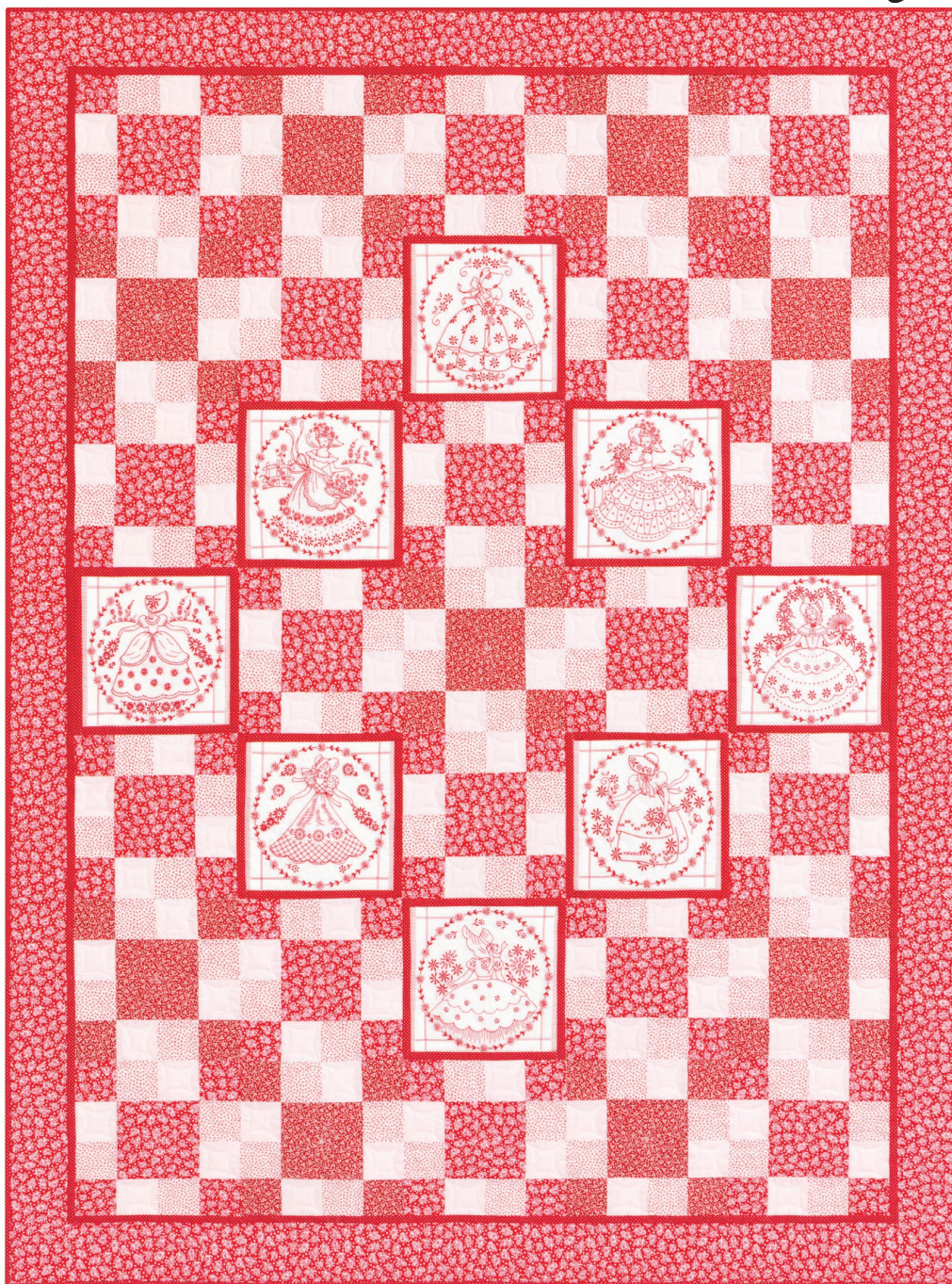


# SWEETHEARTS

Designed by Darlene Zimmerman  
[www.feedsacklady.com](http://www.feedsacklady.com)

Featuring *Southern Belles*  
Darlene Zimmerman



Finished quilt measures: 59" x 79"








Difficulty Rating: **Beginner**

**ROBERT KAUFMAN**  
F A B R I C S

For questions about this pattern, please email [Patterns@RobertKaufman.com](mailto:Patterns@RobertKaufman.com).

## Fabric and Supplies Needed

*Fabric amounts based on yardage that is 42" wide.*

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
	A	ADZ-18447-3 RED	2/3 yard (one full panel)		E	ADZ-18453-122 CAMELLIA	7/8 yard
	B	ADZ-18452-3 RED	1-7/8 yards		F	ADZ-18453-3 RED	1/2 yard
	C	ADZ-18450-3 RED	3/4 yard		Binding*	ADZ-18453-3 RED <i>*Also used for Fabric F</i>	2/3 yard
	D	ADZ-18448-3 RED	7/8 yard	<p>You will also need: 3-3/4 yards for backing Embroidery floss Embroidery hoop Embroidery needles</p>			

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## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

## Cutting Instructions

Set Fabric A aside for the Embroider the Blocks section.

### From Fabric B, cut:

three 5-1/2" x WOF strips. Subcut:

eighteen 5-1/2" squares

seven 4" x WOF strips. Sew together, end-to-end, and set aside for the outer border.

six 3" x WOF strips. Set aside for the strip sets.

### From Fabric C, cut:

two 5-1/2" x WOF strips. Subcut:

nine 5-1/2" squares

four 3" x WOF strips. Set aside for the strip sets.

### From Fabric D, cut:

nine 3" x WOF strips. Set aside for the strip sets.

### From Fabric E, cut:

nine 3" x WOF strips. Set aside for the strip sets.

### From Fabric F, cut:

eight 1" x WOF strips. Subcut:

sixteen 1" x 10-1/2" frames

sixteen 1" x 9-1/2" frames

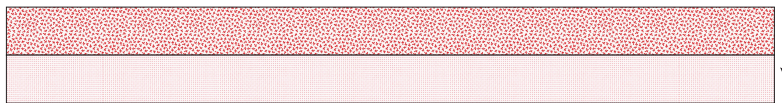
seven 1" x WOF strips. Sew together, end-to-end, and set aside for the inner border.

### From the Binding Fabric, cut:

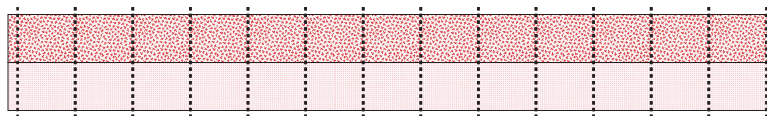
eight 2-1/2" x WOF strips

## Assembling the Blocks

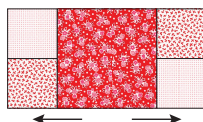
**Step 1** Sew together four strip sets of the Fabric D and Fabric E print. Press toward Fabric D.



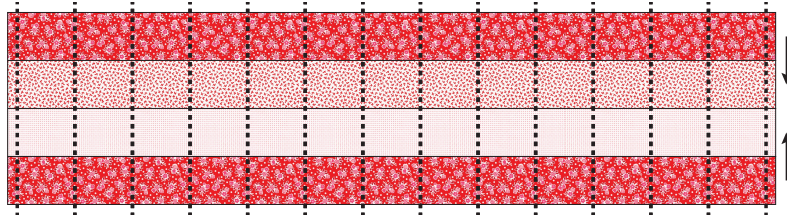
**Step 2** Cut the strip sets into fifty-four 3" wide units.



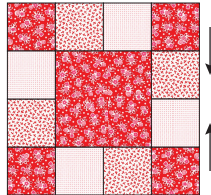
**Step 3** Sew the Step 2 units to opposite sides of the eighteen 5-1/2" Fabric B squares. Press toward the outside.



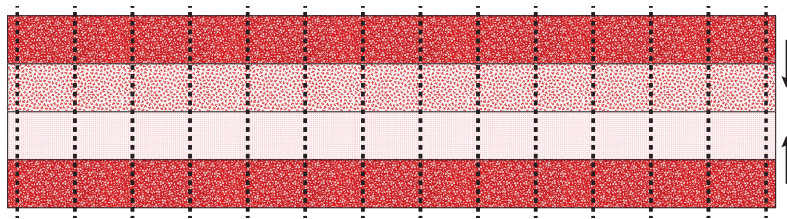
**Step 4** Sew together three strip sets of Fabric B—Fabric D—Fabric E— Fabric B. Press all the seams as shown. Cut into thirty-six 3" wide units.



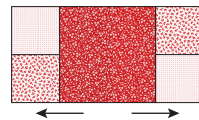
**Step 5** Sew the Step 4 units to the top and bottom of the Step 3 units. Press toward the center squares. Make eighteen blocks. At this point the blocks should measure 10-1/2" square.



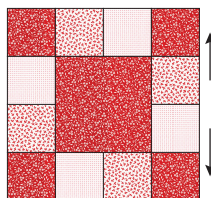
**Step 6** Sew together two strip sets of Fabric C—Fabric D—Fabric E—Fabric C. Press the seams as shown. Cut into eighteen 3" wide units.



**Step 7** In the same manner as before, sew the remaining Step 2 units to opposite sides of the nine 5-1/2" squares of Fabric C. Press toward the center squares.



**Step 8** In the same manner as before, sew the Step 6 units to the top and bottom of the block from Step 7. Press toward the small squares. Make nine blocks. At this point the blocks should measure 10-1/2" square.



## Embroider the Fabric A Blocks

**Step 1** Embroider the Fabric A blocks with 1-2 strands of red floss. After embroidering, wash the blocks gently by hand. Let dry, and iron right side down on a fluffy towel. Square up to 9-1/2".

**Step 2** Sew 1" x 9-1/2" Fabric F framing strips to opposite sides of the embroidered blocks. Repeat with the 1" x 10-1/2" strips on the remaining sides. At this point the blocks should measure 10-1/2" square.

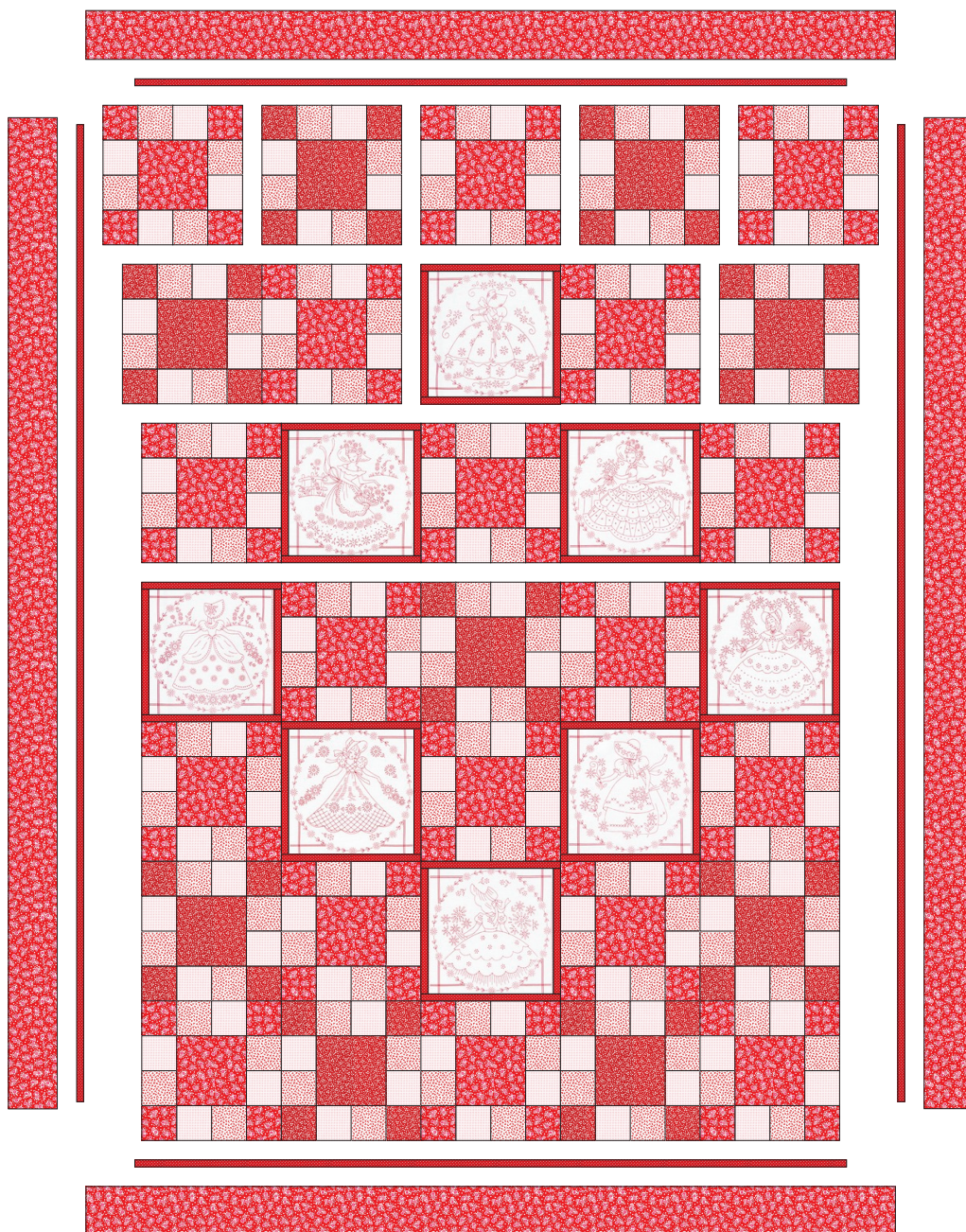
## Assemble the Quilt

**Step 1** Referring to the Quilt Assembly Diagram, arrange the blocks in rows of five. Matching and pinning seams, sew the blocks together in rows. Press the seams all one direction, alternating the direction you press each row. Make seven rows.

**Step 2** Sew the rows together, matching and pinning seam intersections. Press.

**Step 3** Measure the quilt width through the middle of the quilt. Piece, then trim two Fabric F inner borders to this length. Sew to the top and bottom of the quilt. Press toward the borders. Repeat for the side borders.

**Step 4** Repeat this procedure to add the Fabric B outer borders. Press toward the borders just added.



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