

# STRIPS AND STARS

Designed by Elise Lea for RK  
[www.robertkaufman.com](http://www.robertkaufman.com)

Featuring ARTISAN  
FABRICS

Morning Mist by Linda



Roll Up  
Friendly

Finished quilt measures: 64" x 72"





Difficulty Rating: **Beginner**

ROBERTKAUFMAN  
F A B R I C S

For questions about this pattern, please email [Patterns@RobertKaufman.com](mailto:Patterns@RobertKaufman.com).

## Fabric and Supplies Needed

*Fabric amounts based on yardage that is 42" wide.*

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
		RU-1037-40 MORNING MIST	One Roll Up		B	AMD-7000-336 FOG	1-1/2 yard
	A	AMD-7000-187 PLATINUM	1-1/2 yard		Binding*	AMD-7000-336 FOG <small>*Also used for Fabric B</small>	1/2 yard
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## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

## Cutting Instructions

### From Fabric A, cut:

four 4-1/2" x WOF strips. Subcut:  
 thirty-six 4-1/2" squares  
 eleven 2-7/8" x WOF strips. Subcut:  
 one hundred forty-four 2-7/8" squares

### From Fabric B, cut:

five 5-1/4" x WOF strips. Subcut:  
 thirty-six 5-1/4" squares  
 nine 2-1/2" x WOF strips. Subcut:  
 one hundred forty-four 2-1/2" squares

### From the Binding Fabric, cut:

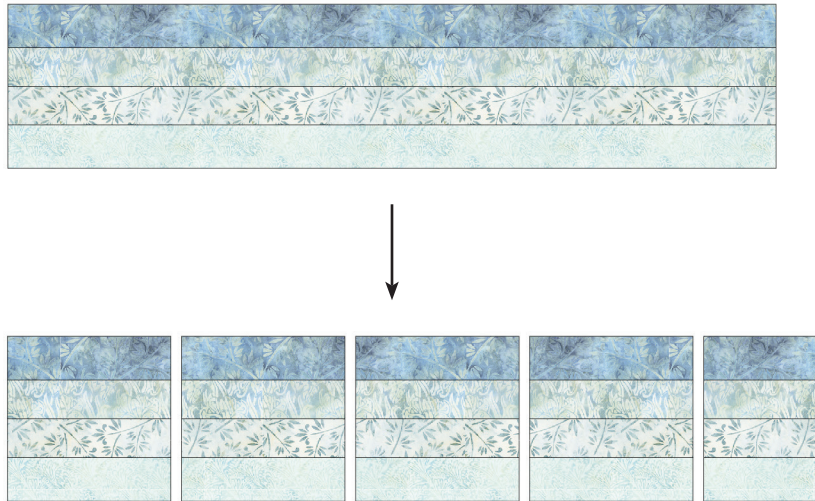
seven 2-1/2" x WOF strips



## Assemble the Strip Blocks

**Step 1:** Arrange the Roll Up strips in nine groups of four. Each group will be used to make strip set blocks. Use the fabric combinations shown in the Quilt Assembly Diagram, or use groupings and fabric orders of your choosing.

**Step 2:** Sew one set of four strips together, along the long edge. Press the seams in one direction, leaving a strip set that is 8-1/2" wide. Subcut the strip set to make four 8-1/2" square Strip Blocks.



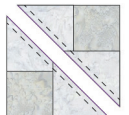
**Step 3:** Repeat Step 2 with the remaining strips to make a total of thirty-six Strip Blocks.

## Assemble the Star Blocks

**Step 4:** Pin two 2-7/8" Fabric A squares in opposing corners of a 5-1/4" Fabric B square, RST. The squares will overlap slightly in the center of the large square. Using a ruler, draw a diagonal line through the squares.



**Step 5:** Sew scant 1/4" seam on each side of the diagonal line. Set the seam by pressing it flat. Cut along the diagonal line, creating two identical units.



**Step 6:** Press the fabric toward smaller triangles. Repeat with the second unit.



**Step 7:** Place one 2-7/8" Fabric A square at the corner of sewn block unit. Draw diagonal line in pencil. Sew a scant 1/4" seam on each side of diagonal line. Set seam (press). Cut along diagonal line, creating two identical units.



**Step 8:** Press the seam toward smaller triangle. Trim off small dog ears left by the seam allowance. Trim to 2-1/2" x 4-1/2" if necessary. Repeat to make four flying geese blocks.



**Step 9:** Repeat with all remaining 2-7/8" Fabric A squares and 5-1/4" Fabric B squares to make a total of one hundred forty-four flying geese units.



**Step 10:** Gather:  
four 2-1/2" Fabric B squares  
four 2-1/2" x 4-1/2" Flying Geese units  
one 4-1/2" Fabric A square

Arrange the units into three rows of three. Note the fabric placement and block orientation in the Block Assembly Diagram.

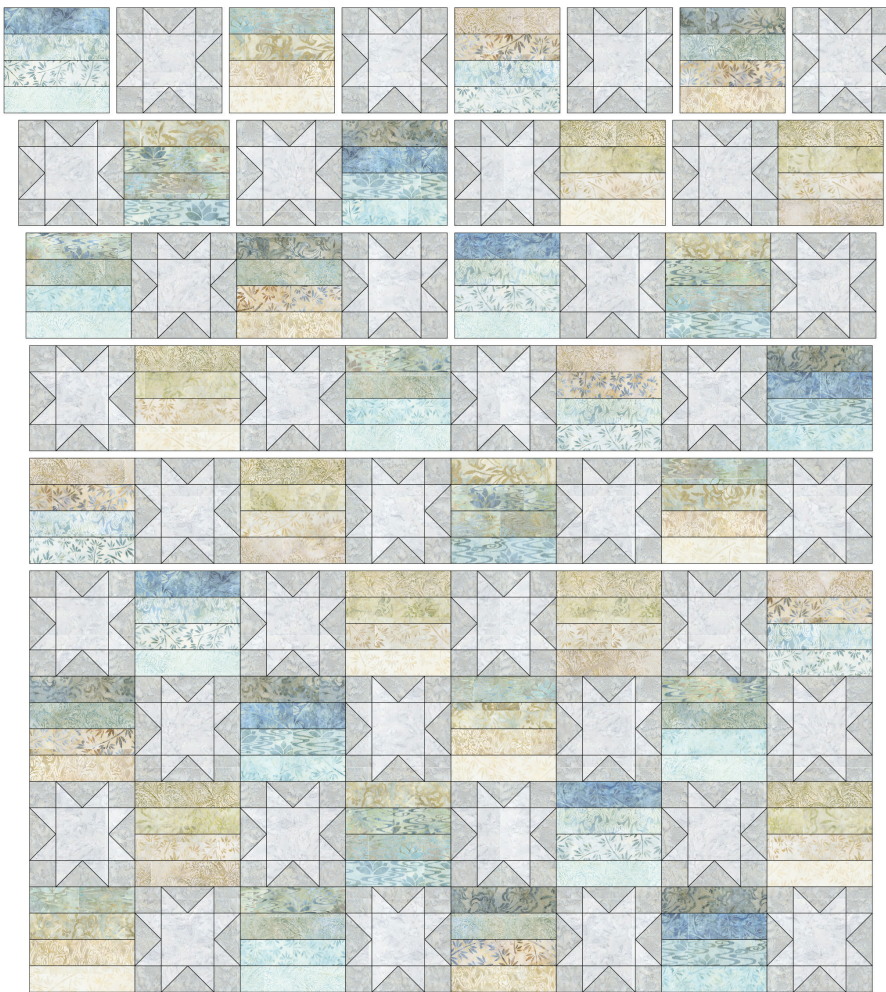
**Step 11:** Sew the units together to form the rows. Press the seams toward the squares.

**Step 12:** Sew the rows together, nesting the seams and pressing the seams to one side to form the block.

The resulting Star Block should measure 8-1/2" square. Repeat to make thirty-six Star Blocks.



## Assemble the Quilt



**Step 13:** Arrange the blocks into eight rows of nine blocks. Note the fabric placement and block orientation in the Quilt Assembly Diagram.

**Step 14:** Sew the blocks together to form rows. Press the rows to the left in the odd numbered rows and to the right in the even numbered rows.

**Step 15:** Sew the rows together to form the quilt center. Press the row seams open.

Your quilt top is finished! Baste, quilt, bind and enjoy!