# Heritage Flannel 



FG-3872-2 ANTIQUE


FG-3854-1 VINTAGE


FG-3854-2 DUSTY


FG-3854-3 ANTIQUE


FO19-1195 LODEN

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FG-3854-5 VINTAGE BLACK


FG-3874-2 VINTAGE

Rachel's Reel pattern and instructions © Jo Morton, Prairie Hands Patterns (www.jomortonquilts.com) Quilt made by Betty Huff

## FABRIC REQUIREMENTS:

FG-3874-2 Vintage. . . . . . . . . . . 3/4 yd.

| F019-1369 | Tan | yd. |
| :---: | :---: | :---: |
| FG-3854-1 | Vintage | yd. |
| FG-3854-2 | Dusty | 1/4 yd. |
| FG-3854-3 | Antique | .1/4 yd. |
| F019-1195 | Loden | .1/4 yd. |
| FG-3854-5 | Vintage Black | .1/2d |

FG-3872-2 Antique . . . . . . . . . . . 1 yd.

## USED FOR:

Setting Squares Setting Triangles Corner Triangles Appliqué Foundations
Rachel's Reel Appliqués
Rachel's Reel Appliqués
Rachel's Reel Appliqués
Sawtooth Border
Sawtooth Border
Corner Blocks Border
Binding.

## CUTTING:

Cut four $71 / 2$ " squares.
Cut two $11 \frac{1}{4}$ " squares. Cut twice diagonally into quarters Cut two $57 / 8^{\prime \prime}$ squares. Cut in half diagonally $>$
Cut nine $71 / 2$ squares. Cut three 7" squares. Cut three 7" squares. Cut three 7" squares. Cut/42 $23 / 3^{\prime \prime}$ squares.
Cut $42 \quad 23 / 8$ " squares.
Qut four $51_{4}$ " squares.
Cut four $5 \frac{1}{4}$ " $\times 35^{\prime \prime}$ strips.

## NEEDLE TURNED APPLIQUÉ:

1. Trace the "Rachel's Reel" pattern onto self-adhesive laminating paper. Cut out the "Reel" pattern with paper scissors. HINT: Use an Exacto knife on a rotary cutting mat to trim out the inside eyes.
2. Use a white art pencil to mark around the "Reel" on each of the nine appliqué fabric squares. Use a pencil sharpener to keep a sharp point. HINT: Laying the pencil on/its side when tracing helps avoid breaking the tip. Cut away the excess fabric, leaving approximately $1 / 8^{\prime \prime}$ to $3 / 16^{\prime \prime}$ seam allowance for turning under. Do not clip in anywhere and do not trim the eyes now, but slit the eyes before basting down. HINT: Trimming the eyes after the outside edge has been appliquéd will reduce raveling and fraying.
3. Center each appliqué on a foundation square, pin together, and thread baste in place. Baste an " $X$ " across the appliqué, and then baste around the "Reel" area. This will hold the piece in place so it doesn't creep around during the appliqué process.
4. Thread your needle with an 18" length of thread and knot the end. Begin along the flat edge of the "Reel" and finger press a short area ( $1 / 2 / 2$ or so) along the white marked line. Bring your needle up from behind the appliqué and out the folded edge, burying the knot in the fold. Put the needle into the foundation as close to where the thread came out as possible and take about a $1 / 16$ " stitch, coming up through the edge of the appliqué again. Just barely catch the edge threads of the appliqué with each stitch, so the thread will not be seen. After a few stitches, use your needle to grab the edge and smooth the seam allowance under. Continue turning under and securing with a few stitches at a time. When you come about $1 /{ }^{\prime \prime \prime}$ from an inside point, carefully clip to the point. Again use your needle to turn the fabric under, and take smaller stitches to the point. Take an extra stitch in the inside point and continue up the other side gradually increasing your stitch length to $1 / 16^{\prime \prime}$ again. Continue around.
5. When the outside edge is complete, carefully pull apart the appliqué from the background, insert scissors and trim one eye, leaving a $3 / 16^{\prime \prime}$ seam allowance. Finger press a short area along the white marked/ine, and proceed stitching as above. Repeat for the other three eyes.

QUILT TOP ASSEMBLY: All seams use $1 / 4$ " seam allowance.

1. Decide the placement of your nine blocks. Join the blocks in diagonal rows (see diagram). Press the seams towards the setting blocks and/or setting triangles.
2. Pin the first row to the second row, matching seam intersections. Sew the seam and clip into the seam allowance $1 / 4$ " on each side of the seam intersections. These clips will be $1 / 2$ " apart. Press the seam intersections open, and the remainder of the seam toward the setting blocks. This eliminates some of the bulk and makes quilting easier.
3. After all the rows are joined, add the corner triangles. Press seams toward the corners.


## INNER SAWTOOTH BORDER:

1. Draw a diagonal line on the wrong side of one set of sawtooth border squares. Layer the small black and green squares into 42 sets, right sides together. Stitch $1 / 4$ " on both sides of the drawn line. Cut these units apart on the pencil line and press seams toward the black fabric. You will have a total of 84 units. Trim each sawtooth unit to measure 2" square. Arrange these squares as shown in the photo. Lay the black edges of the sawtooth units
 along the outside edge. Notice the corners are different.
2. Assemble the sawtooth borders for each side, and press seams toward the black fabric. Stitch inner borders to quilt, and press the seams toward the center of the quilt.

## OUTER BORDER:

1. Measure across the center of the quilt top. Cut two border strips that length. Stitch these borders to opposite sides of the quilt top, and press the seams toward the borders.
2. Measure across the center of the quilt in the other direction. Cut the remaining two border strips that length. Stitch corner blocks to each end of these two borders, and press the seams toward the border fabric. Stitch these borders to the remaining quilt sides, and press the seams toward the borders.

FINISHING: Back, quilt and bind as you prefer. HINT: 100\% cotton batting will complement the antique look.

