## MONTH 4

Designed by Elise Lea for RK www.robertkaufman.com

## Featuring <br> KONAcotton solids



Unfinished block measures: $16-1 / 2^{\prime \prime} \times 16-1 / 2^{\prime \prime}$

Fabric amounts based on yardage that is 42" wide.
Color Fabric Yardage

Notes:

- Backing and binding is not included in the supply list above. These material requirements will be given in Month 13 of the Block of the Month.
- The specific fabric colors used in the block shown on the cover can be found on page 6.
- Save all leftover fabric for Month 13.


## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are $1 / 4^{\prime \prime}$ unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!


## From Fabric A, cut:

one 4-7/8" x WOF strip. Subcut:
two 4-7/8" squares, then subcut each square once on the diagonal.
one $4-7 / 8^{\prime \prime} \times 4-1 / 2^{\prime \prime}$ rectangle, then trim it to $4-1 / 2^{\prime \prime}$ square.
one 2-7/8" x WOF strip. Subcut:
four 2-7/8" squares, then subcut each square once on the diagonal.
From each of Fabrics B, D, G, and I, cut:
one 5-1/4" x WOF strip. Subcut: one $5-1 / 4$ " square of each fabric, then cut each square twice on the diagonal. Note: Two triangles of each fabric can be discarded.

## From each of Fabrics C, E, F, and H, cut:

one 2-1/2" x WOF strip. Subcut:
two 2-1/2" squares of each fabric.

## From Fabric J, cut:

one 5-1/4" x WOF strip. Subcut:
three 5-1/4" square, then cut each square twice on the diagonal.
one 4-7/8" x WOF strip. Subcut:
two 4-7/8" squares, then subcut each square once on the diagonal.
Trim the remainder of the strip to 2-1/2". Subcut:
four 2-1/2" squares.
two 2-1/2" x WOF strips. Subcut:
eight $2-1 / 2^{\prime \prime} \times 4-1 / 2^{\prime \prime}$ rectangles.

## Assemble the Half-Square Triangles (HSTs)

Step 1: Gather the 4-7/8" Fabric A and Fabric J triangles. Place one triangle of each fabric RST and sew along the long edge. Press towards the darker fabric. Repeat to make four large A/J HSTs. Trim each large HST to 4-1/2" if needed.


Assemble the Flying Geese Units
Step 2: Gather eight 2-7/8" Fabric A triangles and four 5-1/4" Fabric J triangles. Sew a Fabric A triangle to one short side of a Fabric J triangle, then press the seam towards the smaller triangle. Sew a second Fabric A triangle to the remaining short side of the Fabric J triangle, then press towards the smaller triangle. Repeat to make four flying geese. Trim each unit to $2-1 / 2 " \times 4-1 / 2^{\prime \prime}$. Be sure to leave $1 / 4^{\prime \prime}$ past the intersection!


## Assemble the Flip and Stitch Units

Step 3: Gather the 2-1/2" Fabric C, E, F, and H squares and the eight remaining $2-1 / 2 " \times 4-1 / 2 "$ Fabric J rectangles. Mark a diagonal line on the wrong side of each square. Place a marked Fabric C square on one end of a rectangle, RST. Sew on the marked line, then trim the excess fabric 1/4" away from the sewn seam. Press towards the corner.


Repeat to second unit with the remaining Fabric C square, but this time reverse the angle of the seam line to create a mirrored unit.


Repeat to make four sets of mirrored units for a total of eight units.


Assemble the Quarter-Square Triangles(QSTs)
Step 4: Gather the Fabric B, D, G, I, and J triangles. Place one Fabric J triangle with a Fabric B triangle, RST. Sew along the short edge. Press towards the darker fabric. Repeat to make a second identical unit.


Step 5: Place the two Step 4 units together, RST. Sew along the long edge. Press the seam open or to one side.

Repeat to make a total of four QSTs. Trim each QST to $4-1 / 2$ " if needed.


Step 6: Arrange the units you have created as shown. Pay close attention to the placement and orientation of each unit.



Step 7: Sew the units together to form rows. Press the seams of the odd rows towards the left and the seams of the even rows towards the right.


Step 8: Nest the seams and sew the rows together. Press to complete the block.


Safely store this block until Month 13 of the Block of the Month to finish your quilt.

Fabric amounts based on yardage that is $42^{\prime \prime}$ wide.


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