

# BLOSSOMS AND HEARTS

Designed by Ariga Wilson for RK  
[www.robertkaufman.com](http://www.robertkaufman.com)

Featuring

*Little Blossoms*  
A FLOWERHOUSE COLLECTION  
by Debbie Beaves



Finished quilt measures: 67" x 83"

Difficulty Rating: **Intermediate**

**ROBERTKAUFMAN**  
F A B R I C S

For questions about this pattern, please email [Patterns@RobertKaufman.com](mailto:Patterns@RobertKaufman.com).

## Fabric and Supplies Needed

*Fabric amounts based on yardage that is 42" wide.*

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
	A	K001-1387 WHITE	3-3/4 yards		I	FLHD-21886-130 SUNSHINE	1/3 yard
	B	FLHD-21888-80 EVENING	1/4 yard		J	FLHD-21886-80 EVENING	1/3 yard
	C	FLHD-21888-220 PANSY	2/3 yard		K	FLHD-21887-10 PINK	1/3 yard
	D	FLHD-21888-432 CORN YELLOW	1/4 yard		L	FLHD-21890-390 BREEZE	1/3 yard
	E	FLHD-21888-26 PETUNIA	1/4 yard		M	FLHD-21890-36 ALOE	1/3 yard
	F	FLHD-21888-43 LEAF	1/4 yard		N	FLHD-21890-8 ORANGE	1/3 yard
	G	FLHD-21887-220 PANSY	1/3 yard		O	FLHD-21886-252 THISTLE	1 yard
	H	FLHD-21890-10 PINK	1/3 yard		Binding*	FLHD-21888-220 PANSY	5/8 yard
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				You will also need: 5-1/8 yards for backing			

## Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

## Cutting Instructions

### **From Fabric A, cut:**

three 2-7/8" x WOF strips. Subcut:

forty 2-7/8" squares.

forty-six 2-1/2" x WOF strips. Subcut:

sixty-four 2-1/2" x 8-1/2" rectangles.

sixty-four 2-1/2" x 4-1/2" rectangles.

three-hundred and sixty-nine 2-1/2" squares.

four 1-7/8" x WOF strips. Subcut:

sixty-eight 1-7/8" squares.

### **From each of Fabrics B and D, cut:**

one 5-1/4" x WOF strip. Subcut:

two 5-1/4" squares.

four 3-1/4 squares.

one 1-1/2" x WOF strip. Subcut:

seven 1-1/2" x 4-1/2" rectangles.

### **From Fabric C, cut:**

one 5-1/4" x WOF strip. Subcut:

two 5-1/4" squares.

three 3-1/4 squares.

seven 2" x WOF strips. Sew the strips together end-to-end, then subcut:

two 2" x 72-1/2" side inner borders.

two 2" x 59-1/2" top/bottom inner borders.

one 1-1/2" x WOF strip. Subcut:

six 1-1/2" x 4-1/2" rectangles.

### **From each of Fabrics E and F, cut:**

one 5-1/4" x WOF strip. Subcut:

two 5-1/4" squares.

three 3-1/4 squares.

six 1-1/2" x 4-1/2" rectangles.

### **From each of Fabrics G and I, cut:**

two 4-1/2" x WOF strips.

fourteen 4-1/2" squares.

**From each of Fabrics H, J, and M cut:**

two 4-1/2" x WOF strips.

sixteen 4-1/2" squares.

**From each of Fabrics K and N, cut:**

two 4-1/2" x WOF strips.

fifteen 4-1/2" squares.

**From Fabric L, cut:**

two 4-1/2" x WOF strips.

seventeen 4-1/2" squares.

**From Fabric O, cut:**

seven 4-1/2" x WOF strips. Sew the strips together end-to-end, then subcut:

two 4-1/2" x 75-1/2" side outer borders

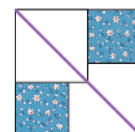
two 4-1/2" x 67-1/2" top/bottom outer borders

**From the Binding Fabric, cut:**

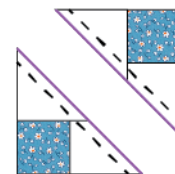
eight 2-1/2" x WOF strips.

## Assemble the Flying Geese

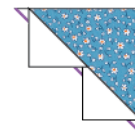
**Step 1:** Pin two 1-7/8" Fabric A squares in opposing corners of a 3-1/4" Fabric B square, RST. The squares will overlap slightly in the center of the large square. Using a ruler, draw a diagonal line through the squares.



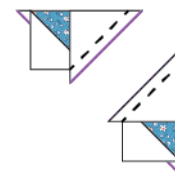
**Step 2:** Sew scant 1/4" seam on each side of the diagonal line. Set the seam by pressing it flat. Cut along the diagonal line, creating two identical units.



**Step 3:** Press the fabric toward smaller triangles. Repeat with the second unit.



**Step 4:** Place one 1-7/8" Fabric A square at the corner of a sewn block unit. Draw a diagonal line in pencil. Sew a scant 1/4" seam on each side of the diagonal line. Set seam (press). Cut along the diagonal line, creating two identical units.



**Step 5:** Press the seam toward the smaller triangle. Trim off small dog ears left by the seam allowance. Trim to 1-1/2" x 2-1/2" if necessary.



**Step 6:** Repeat Steps 1-5 with all remaining 1-7/8" Fabric A squares and 3-1/4" Fabric B-F squares to make a total of:



sixteen small A/B flying geese



sixteen small A/D flying geese



twelve small A/F flying geese

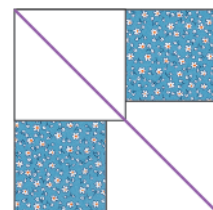


twelve small A/C flying geese

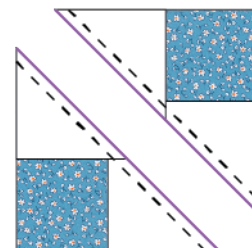


twelve small A/E flying geese

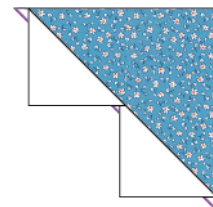
**Step 7:** Pin two 2-7/8" Fabric A squares in opposing corners of a 5-1/4" Fabric B square, RST. The squares will overlap slightly in the center of the large square. Using a ruler, draw a diagonal line through the squares.



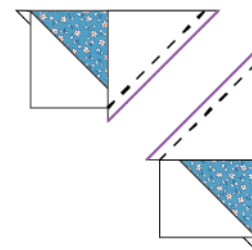
**Step 8:** Sew scant 1/4" seam on each side of the diagonal line. Set the seam by pressing it flat. Cut along the diagonal line, creating two identical units.



**Step 9:** Press the fabric toward smaller triangles. Repeat with the second unit.



**Step 10:** Place one 2-7/8" Fabric A square at the corner of a sewn block unit. Draw a diagonal line in pencil. Sew a scant 1/4" seam on each side of the diagonal line. Set seam (press). Cut along the diagonal line, creating two identical units.



**Step 11:** Press the seam toward the smaller triangle. Trim off small dog ears left by the seam allowance. Trim to 2-1/2" x 4-1/2" if necessary.



**Step 12:** Repeat Steps 7-12 with all remaining 2-7/8" Fabric A squares and 5-1/4" Fabric B-F squares to make a total of:



eight large A/B flying geese



eight large A/D flying geese



eight large A/F flying geese



eight large A/C flying geese



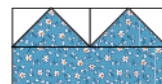
eight large A/E flying geese

## Assemble the Heart Blocks

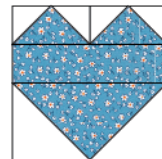
**Step 13:** Sew two small A/B flying geese units together as shown. Press to one side.



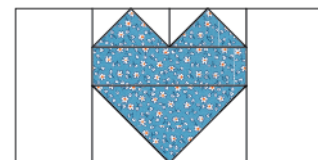
**Step 15:** Sew a 1-1/2" x 4-1/2" Fabric B rectangle to the bottom of the unit as shown. Press the seam towards the bottom.



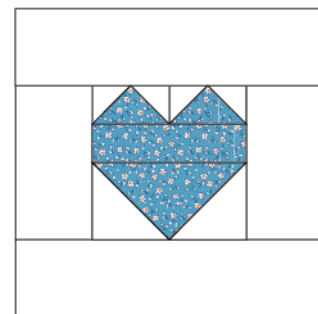
**Step 16:** Sew a large A/B flying geese unit to the bottom of the unit as shown. Press the seam towards the top of the unit.



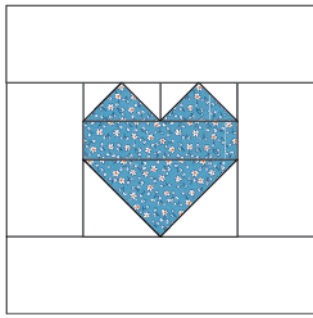
**Step 16:** Sew a 2-1/2" x 4-1/2" Fabric A rectangle to the left and right edges of the unit. Press towards the rectangles.



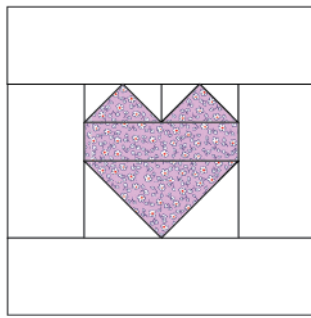
**Step 17:** Sew a 2-1/2" x 8-1/2" Fabric A rectangle to the top and bottom edges of the unit. Press towards the rectangles to complete the block.



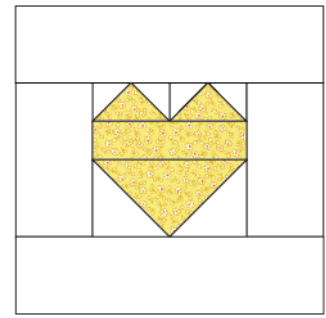
**Step 18:** Repeat Steps 12-16 to make a total of:



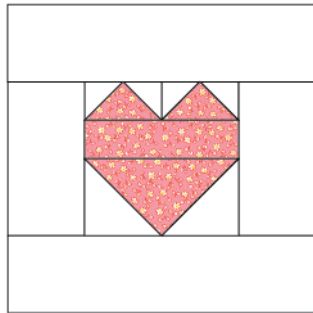
seven Fabric B Heart Blocks



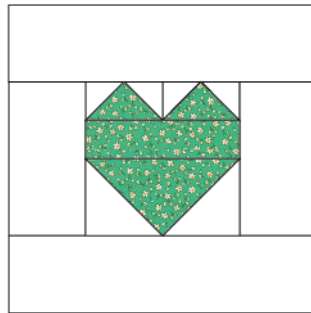
six Fabric C Heart Blocks



seven Fabric D Heart Blocks



six Fabric E Heart Blocks

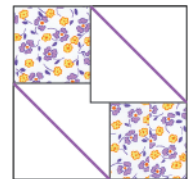


six Fabric F Heart Blocks

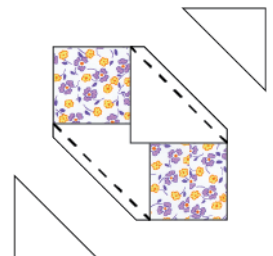
*Note: You will have some unused flying geese units that can be discarded at this time.*

## Assemble the Stitch-and-Flip Units

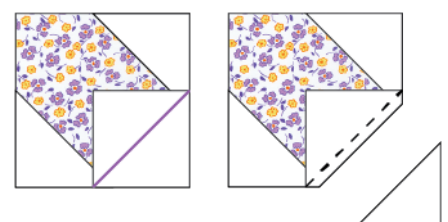
**Step 19:** Pin two 2-1/2" Fabric A squares to opposite corners of a 4-1/2" Fabric G square. Using a ruler, draw a diagonal line across the smaller squares.



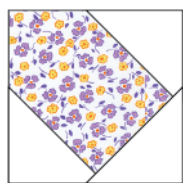
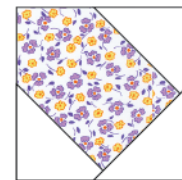
**Step 20:** Sew on the drawn lines. Cut 1/4" away from the sewn seam to remove the excess fabric. Press towards the corners.



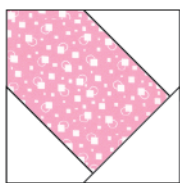
**Step 21:** Repeat Steps 19-20 using another 2-1/2" Fabric A square to replace a remaining corner of the unit.



**Step 22:** Repeat Steps 19-21 using the remaining 2-1/2" Fabric A squares and 4-1/2" Fabric G-N squares to make a total of:



fourteen Fabric G  
Stitch-and-Flip units



sixteen H  
Stitch-and-Flip units



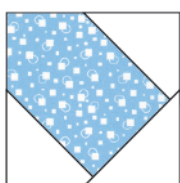
fourteen I  
Stitch-and-Flip units



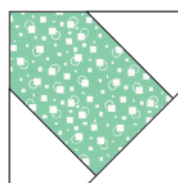
sixteen J  
Stitch-and-Flip units



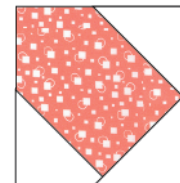
fifteen K  
Stitch-and-Flip units



seventeen L  
Stitch-and-Flip units



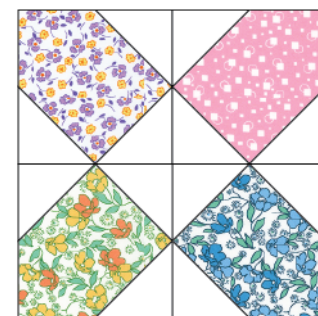
sixteen M  
Stitch-and-Flip units



fifteen N  
Stitch-and-Flip units

## Assemble the Blossom Blocks

**Step 23:** Arrange four Stitch-and-Flip units in two rows of two as shown. Sew the units together to form rows. Press the seam of the top row to the left and seam of the bottom row to the right. Sew the rows together and press the seam towards the bottom.



**Step 24:** Repeat Step 23 to make a total of thirty-one Blossom Blocks in a variety of fabrics. *Note: If you prefer to make a quilt like our sample quilt, refer to the quilt on the front cover or the Quilt Assembly Diagram on the next page for the exact fabric pairing used.*

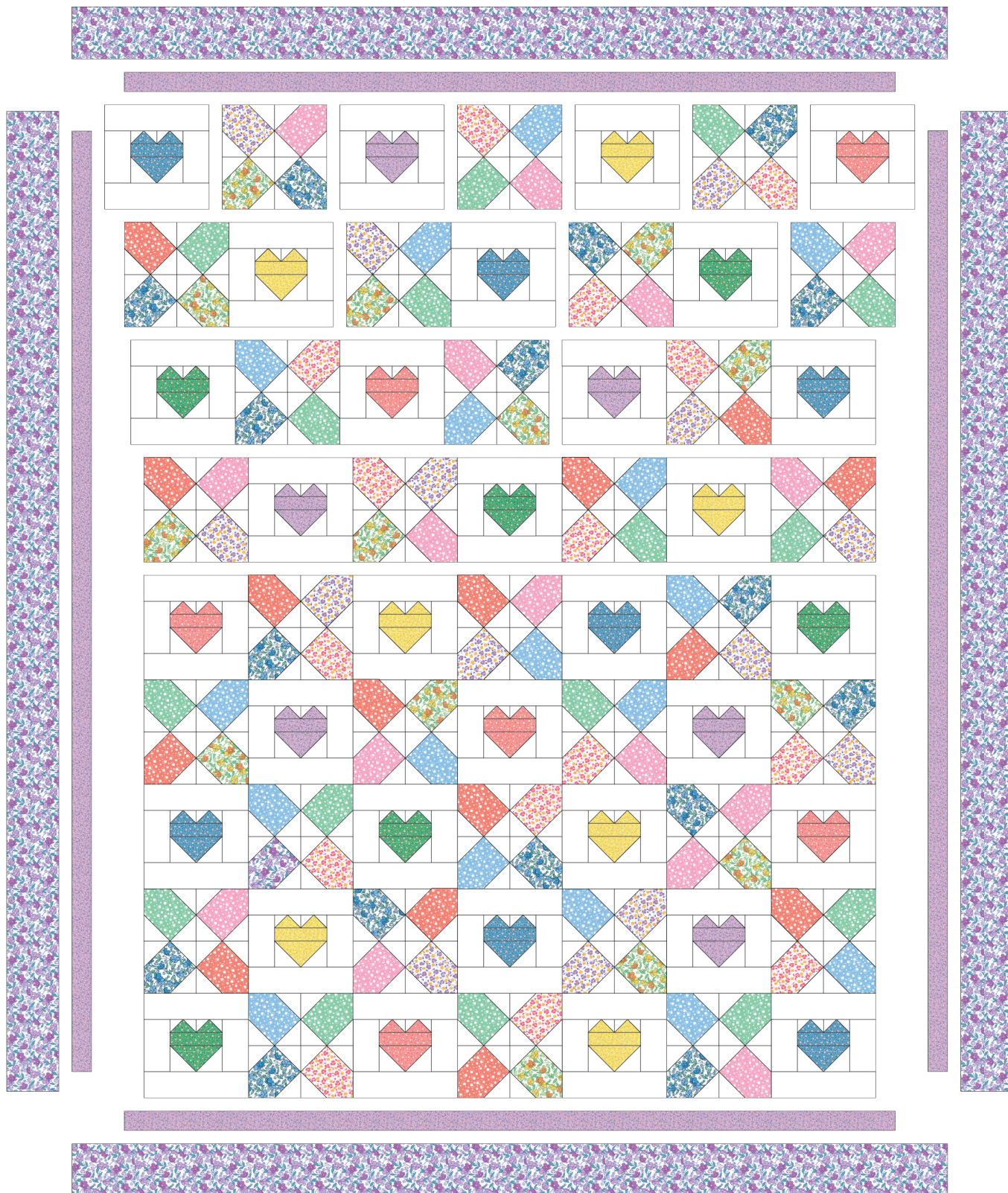
## Assemble the Quilt

**Step 25:** Arrange the blocks into nine rows of nine blocks. Note the fabric placement and block orientation in the Quilt Assembly Diagram.

**Step 26:** Sew the blocks together to form rows. Press the seams to the left in the odd-numbered rows and to the right in the even-numbered rows.

**Step 27:** Sew the rows together to form the quilt center. Press the row seams open.

**Step 28:** Sew the side inner borders to the sides of the quilt center. Press toward the borders. Sew the top and bottom inner borders to the quilt center. Press toward the borders.



**Step 29:** Sew the side outer borders to the sides of the quilt center. Press toward the borders. Sew the top and bottom outer borders to the quilt center. Press toward the borders.

Your quilt top is complete! Baste, quilt, bind, and enjoy!

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