

# ANITA'S BOW TWIST

Designed by Anita Grossman Solomon  
[www.makeitsimpler.com](http://www.makeitsimpler.com)

Featuring  
**BLUEBERRY PARK**  
*Karen Lewis*  
Textiles



Finished quilt measures: 47-1/2" square

**Pattern Level: Confident Beginner**



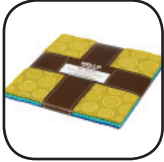
*"I have basic block construction down  
and would like to learn a new trick!"*

**ROBERT KAUFMAN**  
F A B R I C S

## Fabric and Supplies Needed

Fabric amounts based on yardage that is 40" wide.

Note: the sample pictured uses three different Ten Square packs in order to not repeat fabrics. One Ten Square pack is enough to create the quilt, but fabrics will be repeated throughout the quilt. To create the quilt as pictured, you will need three different Ten Square Packs.

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
	A	TEN-329-42 BRIGHT	1 unit		C	TEN-330-42 NEUTRAL	1 unit (see note above)
	B	TEN-328-42 COOL	1 unit (see note above)	Copyright 2015, Robert Kaufman For individual use only - Not for resale			
				You will also need: 3 yards for backing 3/8 yard for binding			

## Notes Before You Begin

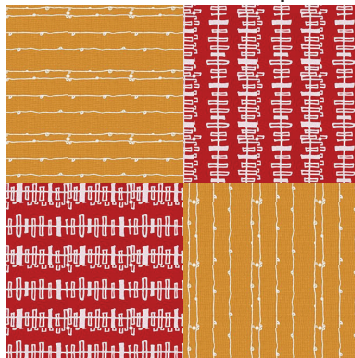
- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 40" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

## Cutting Instructions

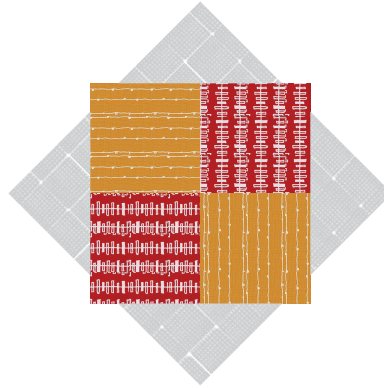
Cut three 5" x 10" rectangles from three different fabrics.

## Sew the Block

1. Sew two rectangles together lengthwise.
2. Cut unit in half and sew into a 9-1/2" x 9-1/2" four-patch.



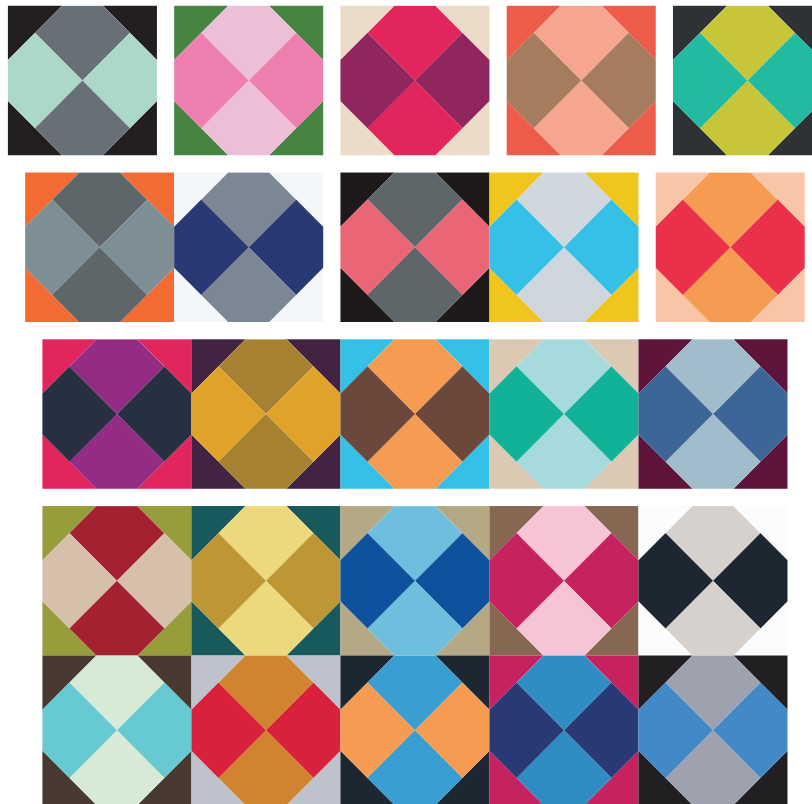
3. From remaining rectangle, cut four triangles:
4. Fold rectangle in half (5" x 5").
5. Trim off the fold; Cut diagonally once.
6. Sew triangles to four-patch with right sides together and tips aligned on seam lines.



7. Press triangle seams open.
8. True-up the block to 10" square.

Repeat to create twenty-five blocks.

## Assemble the Quilt



1. Arrange twenty-five blocks into a pleasing layout of five rows of five blocks each.
2. Sew blocks into rows, pressing seams to the left in odd numbered rows and to the right in even numbered rows.
3. Sew rows together, pressing seams to one side.

Your quilt top is now complete. Baste, quilt, bind and enjoy!