

NORTH & SOUTH

BY NICHOLE RAMIREZ

FINISHED SIZE 68" × 88"

FABRIC

- ¼ yd of each of the 32 new Kona[®] cotton color (except Titanium)
- 2¼ yd Kona[®] Cotton Titanium
- 3 yd Kona[®] Cotton White

OTHER SUPPLIES

- 70" × 90" Batting
- Rotary cutter, rigid acrylic ruler, self-healing mat
- Machine sewing thread for piecing
- Quilting thread
- Bent-arm safety pins or quilt basting spray
- Walking foot for sewing machine

NOTES

All seam allowances are ¼" unless otherwise indicated.

You can use 4 pre-cut charm packs of the new Kona[®] colors.

CUT THE FABRIC

1. From each color, cut one 5" strip from selvedge to selvedge.
2. Sub cut that strip into four squares 5" × 5" or use pre-cut charm pack squares.
3. Sub cut two 5" squares of each color into four triangles by cutting diagonally across each square in both directions to create eight triangles of each color.
4. From the Titanium, cut one strip 5" wide from selvedge to selvedge. Then cut eight 8⅞" wide strips selvedge to selvedge. Sub cut the 8⅞" strips into forty squares 8⅞" × 8⅞". Sub cut each of the forty 8⅞" squares into two triangles by cutting each square in half diagonally, creating 80 Titanium triangles.
5. From the White cotton, cut eight strips 5" wide selvedge to selvedge. Sub cut the 5" strips into sixty-four 5" squares.
6. From the White cotton, cut seven strips 8⅞" selvedge to selvedge. Sub cut the 8⅞" strips into thirty-two squares 8⅞" × 8⅞". Sub cut each of the thirty-two 8⅞" squares into two triangles by cutting each square in half diagonally to create sixty-four white triangles.

PIECE THE UNITS

7. Place one a 5" colored square right sides together with one 5" white square. Stitch around the entire perimeter of the squares. Repeat for all sixty-four 5" color squares, sewing each color square to a white square.
8. Cut each stitched 5" square into four triangles by diagonally cutting each one corner to corner in both directions.
9. Press the seams of these half square triangles to toward the colored fabric.
10. You now have 8 color/white squares, but will only need 6. Set the two extra color/white squares aside for another project.
11. To create the larger triangle of color/white squares and color triangles layout each triangle and then stitch the pieces together, pressing seams toward the colored triangle. To help visualize this step, flip the triangle block 90 degrees. The first row you piece is: one color triangle, 1 color/white square, 1 color white square. The second row is: 1 color triangle, 1 color/white square. The third row is: 1 color triangle. After stitching the three rows, stitch them together to create one full triangle block.
12. For each row of the quilt, follow the photo of the quilt and lay out the triangles. For example, row 1 is 1 Titanium triangle (point up), 1 white triangle (point up), 1 bordeaux triangle block (point down) etc. Then stitch the row of triangles together, being careful to offset triangles by ¼" when stitching so they create a straight row.
13. Repeat for all sixteen rows.



PREPARE FOR QUILTING

14. Trim sides to be straight and square.
15. Cut the backing fabric into two pieces the same length as the finished quilt top. Remove the selvages. Pin the two pieces together along the long side and stitch. Press the seam open. Trim to correct size.
16. With the backing wrong side up, center the batting on top if it, then lay the quilt top onto the batting, right side up to create a quilt sandwich. Baste the three layers together using safety pins or quilt basting spray. If using safety pins, pin in rows no more than 6" apart.

QUILT AND FINISH

17. Use your sewing machine's walking foot to quilt in the ditch or set the machine for free motion and use a free motion foot to quilt as desired.
18. Join the binding strips with diagonal seams. Create a double-layer binding by folding, then pressing the strip in half lengthwise with wrong sides together.
19. Bind the quilt outer edges by sewing the binding into one side and folding the binding over the raw edge and hand-sewing or machine sewing the other folded edge in place.