Pattern by Ramona Rose
http://www.ramonarose.net
featuring Ruff N’ Tuff
by Sleepy Tree

For individual use only - Not for resale

Supplies needed:
AOY-14171-204 - 3/4 yard
AOY-14172-7 - 1/4 yard
Snaps or buttons for shoulder straps (5/8” or larger)
4 snaps (sew in or resin) or some snap tap

Pattern Level: Enthusiastic Novice

“I am a total beginner and want to learn more!”

Step 1 – Cut the Fabric

Print out the pattern pieces. Tape the Romper back together by matching up the diamonds. Cut out the desired size. Cut out the romper front.

Fold your fabric so the selvages are together, then fold again so the middle fabric meets the selvages, making 4 layers of fabric. Place the Romper Back pattern piece on top, and use pattern weights or pins to hold the pattern down. If the fabric is directional, make sure the pattern is placed properly. Match the vertical taping line with the fabric’s grain. Cut out the pieces in the desired size. You now have 4 romper pieces.
Step 2 - Cut the Romper Front

Pick up and set aside the top 2 romper pieces. Lay the Romper Front pattern on the two remaining romper pieces, lining up the center front and the arm scye. Trim off the strap and the collar, following the pattern.

Step 3 - Cut the Front and Back Facings

Now that the Romper Front and Back are cut, cut the paper patterns apart along the mid-section line to make Front and Back Facing pieces. Fold the Lining fabric in half (selvages together), and place the Front and Back Facing pattern pieces so the center front of the Facings is aligned perpendicular to the selvages.

Step 4 - Create the back loop

A. From the scraps of the Lining, cut a small rectangle 1” x 3” on the bias. This will be the little Loop on the back of the romper.
B. With a 1/8” seam allowance, and right sides together, sew along the long side. Use a turning tool to turn it right side out. press it flat, then sew decorative edge stitches along the long sides (C). Set aside.
Step 5 - Make French Seams

To avoid itchy raw edges on your baby's sensitive skin, all the seams will be French seams.

To sew a French seam, first sew the pieces with wrong sides together and a 5mm (~3/8") seam allowance(a), then press and flip around, and sew the same seam with right sides together, and a 12mm (generous 1/4") seam allowance(b).

This encases the raw edges of the fabric.

Step 6 - Create Facings

A. Sew the center of the Back Facings together, and then repeat with the Front Facings, using French seams. (photo A shows the Back Facing seam partially completed, Front Facing seam completed.)

B. Trim a little bit of the bulk of the French seam off the top and bottom by snipping off a diagonal bit of seam allowance.

C. Using either a 1/4" rolled hem foot (my favorite) or pressing up 1/4", and then another 1/4", hem the bottom edge of the Front and Back Facings.

Step 7 - Sew the Romper

Just as with the facings, sew the center seams of the Romper Fronts and the Romper Backs with French seams.

Photo shows Romper Back with first seam, Romper Front on top with completed French seam.
Step 8 - Attach the Facings

A. Place the Front Facing on top of the Romper Front, right sides together.

B. Nest the center seams so the Facing and Romper pieces can lie flat. (Use the hem of the Facing to determine which way the Romper seam should lay)

C. Starting with one armpit, and using a very scant 1/4" seam allowance, sew up, around the strap, down around the collar, back up around the other strap, down to the armpit. Trim the corners of the straps to reduce bulk.

D. Using a bone folder, dull pencil, or knitting needle, flip the Facings in so the right sides are out, and gently poke out the corners. Press to smooth out the collar and straps.

Repeat with Romper Back and Back Facing.
Step 9 - Attach the Side Seams

A. Place the Romper Front and Back wrong sides together. Make sure to keep the straps in the middle, out of the way, and flip the raw side edges of the Facing up to extend the sides. Sew the first part of a French seam, (~3/8” seam allowance), all the way up both sides. Press the seams flat.

B. Turn the Romper inside out, and finish the French seams (generous 1/4” seam allowance). Backstitch at the end of the Facing to lock the thread.

C. Using a decorative or contrasting thread, if desired, and starting in an armpit, edgestitch all the way around the top of the Romper, backstitching at the beginning and end. This will keep the Facing from rolling out.
**Step 10 - Tack the Facing**

Nest the side seams, so the seam allowances of the Facing and Romper are opposite each other, not on top of each other. Pin the bottom of the Facing to the Romper, keeping the seam allowances nested, and stitch in the ditch to keep the facing down.

Repeat for the other side seam.

**Step 11 - Attach the Back Loop**

A. With a pin, mark the bottom of the Back Facing center seam, nesting it in with the Romper seam.

B. On the right side of the Romper, position the decorative Loop on this pin mark, centering the Loop on the seam.

Tuck under the raw edges of the Loop, then stitch the ends of the Loop down. This loop stitching will also now keep the Back Facing in place.
Step 11 - Inseam and Hems

A. Position the Romper pieces so the Front inseam is a straight line. Fold over 1/2", press, then fold over another 1/2". Sew along the top and bottom of this hem to reinforce the fabric. Repeat for the back inseam. (photo B shows finished inseams)

C. Now reposition the romper so the hemline of one leg is straight, fold in 1/4" and press, then fold in 1/2" and press. Sew along the top of the 1/2" to hem. Repeat for the other leg.

Now all the sewing is complete, and all that’s left are the snaps!
Step 12- Install Snaps

Strap Snaps: (buttons can also be used). The straps are designed for a 3/4” overlap, with the back strap on top of the front strap. If using buttons, the button will go on the front strap, the buttonhole on the back strap.

Center your snaps or buttons, and attach the snaps following the manufacturer’s directions. (on the largest sizes, it might be desirable to have 2 snaps per strap, or one large button).

Inseam snaps: Front snaps go on top of back snaps; they are placed with a snap at the bottom of each inseam, and then a snap centered on either side of the center (4 total snaps).

If you are using pre-made snap tape, sew the tape to the inside of the Romper Front, and to the outside of the Romper Back, so the snaps will come together properly. (Front atop Back)

Put your finished Romper on your little tyke, and watch them play!

I put my 12m baby in the 18m sample. The real sizes are not so loose and baggy, but feel free to make a size larger and let them wear it longer or make some in every size! Left photo shows 12m baby in 12m Romper.
Romper Front
(and front facing)

2T
18m
12m
6m
3m
NB