MONTH 7

Designed by Elise Lea for RK www.robertkaufman.com

Featuring KONA® Cotton solids



Unfinished block measures: 16-1/2" x 16-1/2"

Difficulty Rating: Beginner



Fabric and Supplies Needed

Fabric amounts based on yardage that is 42" wide.

Color	Fabric	Yardage	Color	Fabric	Yardage	Color	Fabric	Yardage
	A	fat eighth		D	fat eighth		G	fat eighth
	В	fat eighth		E	fat eighth		Н	fat eighth
	С	fat eighth		F	fat eighth		I	fat quarter
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Notes:

- Backing and binding is not included in the supply list above. These material requirements will be given in Month 13 of the Block of the Month.
- The specific fabric colors used in the block shown on the cover can be found on page 5.
- Save all leftover fabric for Month 13.

Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

Cutting Instructions

From Fabric A, cut:

one 4-7/8" x WOF strip. Subcut:

two 4-7/8" squares, then subcut each square once on the diagonal.

From each of Fabrics B-E. cut:

one 4-7/8" x WOF strip. Subcut:

one 4-7/8" square of each fabric, then subcut each square once on the diagonal.

From each of Fabrics F-G, cut:

one 3-3/4" x WOF strip. Subcut:

one 3-3/4" square of each fabric, then subcut each square once on the diagonal.

From Fabric H, cut:

one 4-7/8" x WOF strip. Subcut:

two 4-7/8" squares, then subcut each square once on the diagonal.

Trim the remainder of the strip to 3-3/4". Subcut:

two 3-3/4" squares, then subcut each square once on the diagonal.

From Fabric I, cut:

one 9-1/4" x WOF strip. Subcut:

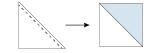
one 9-1/4" square, then subcut the square twice on the diagonal.

Trim the remainder of the strip to 4-7/8". Subcut:

two 4-7/8" squares, then subcut each square once on the diagonal.

Assemble the Half-Square Triangles (HSTs)

Step 1: Gather the 4-7/8" Fabric A and Fabric I triangles. Place one triangle of each fabric RST and sew along the long edge. Press towards the darker fabric. Repeat to make four HSTs. Trim each HST to 4-1/2" if needed.



Assemble the Flying Geese

Step 2: Gather two Fabric B triangles, two Fabric C triangles, two Fabric D triangles, two Fabric E triangles, and four Fabric I triangles. Sew a Fabric B triangle to one short side of a Fabric I triangle, then press the seam towards the smaller triangle. Sew a Fabric C triangle to the remaining short side of the Fabric I triangle, then press towards the smaller triangle. Repeat to make four Flying Geese in the fabric combinations and quantities shown below. Trim each unit to 4-1/2" x 8-1/2". Be sure to leave 1/4" past the intersection!





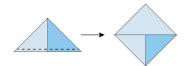


Assemble the Center Units

Step 3: Gather two 3-3/4" Fabric F triangles, two 3-3/4" Fabric G triangles, four 3-3/4" Fabric H triangles, and four 4-7/8" Fabric H triangles. Sew a 3-3/4" Fabric F triangle to one short side of a 3-3/4" Fabric H triangle, then press the seam towards the darker fabric.



Step 4: Sew 4-7/8" Fabric H triangle to the long side of the unit, then press towards the larger triangle. Repeat to make a total of four units in the quantities shown below. Trim each unit to 4-1/2" square.





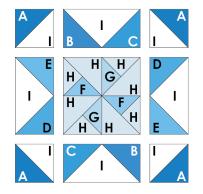
Make two.



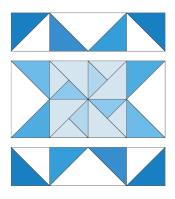
Make two.

Assemble the Block

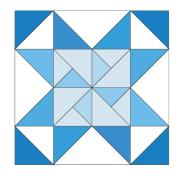
Step 3: Arrange the units you have created in three rows of three as shown. Pay close attention to the placement and orientation of each unit.



Step 9: Sew the units together to form rows, then press the seams away from the Flying Geese.



Step 10: Nest the seams and sew the rows together. Press to complete the block.



Safely store this block until Month 13 of the Block of the Month to finish your quilt.

Fabrics Used in the Block on the Cover Page

Fabric amounts based on yardage that is 42" wide.

Color	Fabric	Name/\$KU	Yardage	Color	Fabric	Name/SKU	Yardage	
	A	K001-28 LEAF	fat eighth		F	K001-1161 HOLLY	fat eighth	
	В	K001-409 JUNIPER	fat eighth		G	K001-1141 FERN	fat eighth	
	С	K001-1840 DILL	fat eighth		Н	K001-1234 MINT	fat eighth	
	D	K001-136 BASIL	fat eighth			K001-1387 WHITE	fat quarter	
	E	K001-31 PALM	fat eighth	Copyright 2023, Robert Kaufman For individual use only - Not for resale				

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