BABY BOW TWIST

Designed by Anita Grossman Solomon
www.makeitsimpler.com

Featuring KONA designer palette series

For questions about this pattern, please email Patterns@RobertKaufman.com.

Finished quilt measures: 34-1/2" x 34-1/2"

Pattern Level: Confident Beginner

“I have basic block construction down and would like to learn a new trick!”

ROBERT KAUFMAN FABRICS

For questions about this pattern, please email Patterns@RobertKaufman.com.
### Fabric and Supplies Needed

*Fabric amounts based on yardage that is 42" wide.*

<table>
<thead>
<tr>
<th>Color</th>
<th>Fabric</th>
<th>Name/SKU</th>
<th>Yardage</th>
<th>Color</th>
<th>Fabric</th>
<th>Name/SKU</th>
<th>Yardage</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>K001-457</td>
<td>SHADOW</td>
<td>5/8 yard</td>
<td>I</td>
<td>K001-443</td>
<td>CEDAR</td>
<td></td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td>One Ten Square OR One Charm Roll each containing the following:</td>
<td></td>
<td>J</td>
<td>K001-441</td>
<td>BONSAI</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>K001-483</td>
<td>ULTRA MARINE</td>
<td></td>
<td>K</td>
<td>K001-295</td>
<td>GRAPHITE</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>K001-481</td>
<td>SANGRIA</td>
<td></td>
<td>L</td>
<td>K001-233</td>
<td>CELESTIAL</td>
<td></td>
</tr>
<tr>
<td>D</td>
<td>K001-480</td>
<td>PICKLE</td>
<td></td>
<td>M</td>
<td>K001-413</td>
<td>PARCHMENT</td>
<td></td>
</tr>
<tr>
<td>E</td>
<td>K001-476</td>
<td>GRELLOW</td>
<td></td>
<td>N</td>
<td>K001-352</td>
<td>RUBY</td>
<td></td>
</tr>
<tr>
<td>F</td>
<td>K001-457</td>
<td>SHADOW</td>
<td></td>
<td>O</td>
<td>K001-1469</td>
<td>RAISIN</td>
<td></td>
</tr>
<tr>
<td><em>set aside with Fabric A</em></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>G</td>
<td>K001-456</td>
<td>SHALE</td>
<td></td>
<td>P</td>
<td>K001-359</td>
<td>PEPPER</td>
<td></td>
</tr>
<tr>
<td>H</td>
<td>K001-452</td>
<td>WASABI</td>
<td></td>
<td>Q</td>
<td>K001-357</td>
<td>LAPI</td>
<td></td>
</tr>
<tr>
<td>Color</td>
<td>Fabric</td>
<td>Name/SKU</td>
<td>Yardage</td>
<td>Color</td>
<td>Fabric</td>
<td>Name/SKU</td>
<td>Yardage</td>
</tr>
<tr>
<td>-------</td>
<td>--------</td>
<td>----------</td>
<td>---------</td>
<td>-------</td>
<td>--------</td>
<td>----------</td>
<td>---------</td>
</tr>
<tr>
<td>R</td>
<td></td>
<td>K001-346 REGATTA</td>
<td></td>
<td>Z</td>
<td></td>
<td>K001-1482 SCHOOL BUS</td>
<td></td>
</tr>
<tr>
<td>S</td>
<td></td>
<td>K001-196 BLUE JAY</td>
<td></td>
<td>AA</td>
<td></td>
<td>K001-1295 POMEGRANATE</td>
<td></td>
</tr>
<tr>
<td>T</td>
<td></td>
<td>K001-197 ALOE</td>
<td></td>
<td>BB</td>
<td></td>
<td>K001-1178 INDIGO</td>
<td></td>
</tr>
<tr>
<td>U</td>
<td></td>
<td>K001-1478 YARROW</td>
<td></td>
<td>CC</td>
<td></td>
<td>K001-1091 CRIMSON</td>
<td></td>
</tr>
<tr>
<td>V</td>
<td></td>
<td>K001-7 TOMATO</td>
<td></td>
<td>DD</td>
<td></td>
<td>K001-1090 CREAM</td>
<td></td>
</tr>
<tr>
<td>W</td>
<td></td>
<td>K001-1339 SNOW</td>
<td></td>
<td>EE</td>
<td></td>
<td>K001-1087 CORAL</td>
<td></td>
</tr>
<tr>
<td>X</td>
<td></td>
<td>K001-1336 SLATE</td>
<td></td>
<td>FF</td>
<td></td>
<td>K001-1071 CHARCOAL</td>
<td></td>
</tr>
<tr>
<td>Y</td>
<td></td>
<td>K001-1328 SEAFOAM</td>
<td></td>
<td>GG</td>
<td></td>
<td>K001-1016 BERRY</td>
<td></td>
</tr>
</tbody>
</table>

You will also need:
1-1/4 yards for backing
1/3 yards for binding

Copyright 2016, Robert Kaufman
For individual use only - Not for resale
Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4” unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42” wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

Cutting Instructions

From Fabric A, cut:
four 4-1/2" x WOF strips. Subcut:
   thirty-two 4-1/2" squares. Cut each square once along a diagonal to create two
   triangles each.

From the Roll Up OR Charm Roll fabrics, cut:
a total of thirty-two pairs of 5" x 9" rectangles, for a total of sixty-four.

Pair the fabrics for each block into two sets of two matching rectangles per block.

From the Binding Fabric, cut:
four 2-1/2" x WOF strips

Assemble the Block

Note: the following instructions are for one single block.

Step 1: Gather one rectangle from each color: Sew the two
rectangles RST along both lengths into a 5" x 9" tube.

Step 2: Cut tube lengthwise, and then vertically
through centers; open to press into four 4-1/2" x
4-1/2" units.

Step 3: Arrange following the diagram and sew units into 8-1/2" x 8-1/2" clockwise or
counter-clockwise four-patch.
Step 4: Sew triangles to four-patch with right sides together and tips aligned on seam lines. Tip: Taking care not to stretch the bias edge of the triangle, finger press a crease along the longest edge of the triangle to find the center. Place this crease along the center seam line of the block.

Step 5: Press triangle seams to side, not open.

Step 6: True-up the block to 9” square.

Repeat to create sixteen blocks.

Assemble the Quilt

Step 7: Arrange sixteen blocks into a pleasing layout of four rows of four blocks each.

Step 8: Sew blocks into rows, pressing seams to the left in odd numbered rows and to the right in even numbered rows.

Step 9: Sew rows together, pressing seams to one side.

Your quilt top is now complete. Baste, quilt, bind and enjoy!