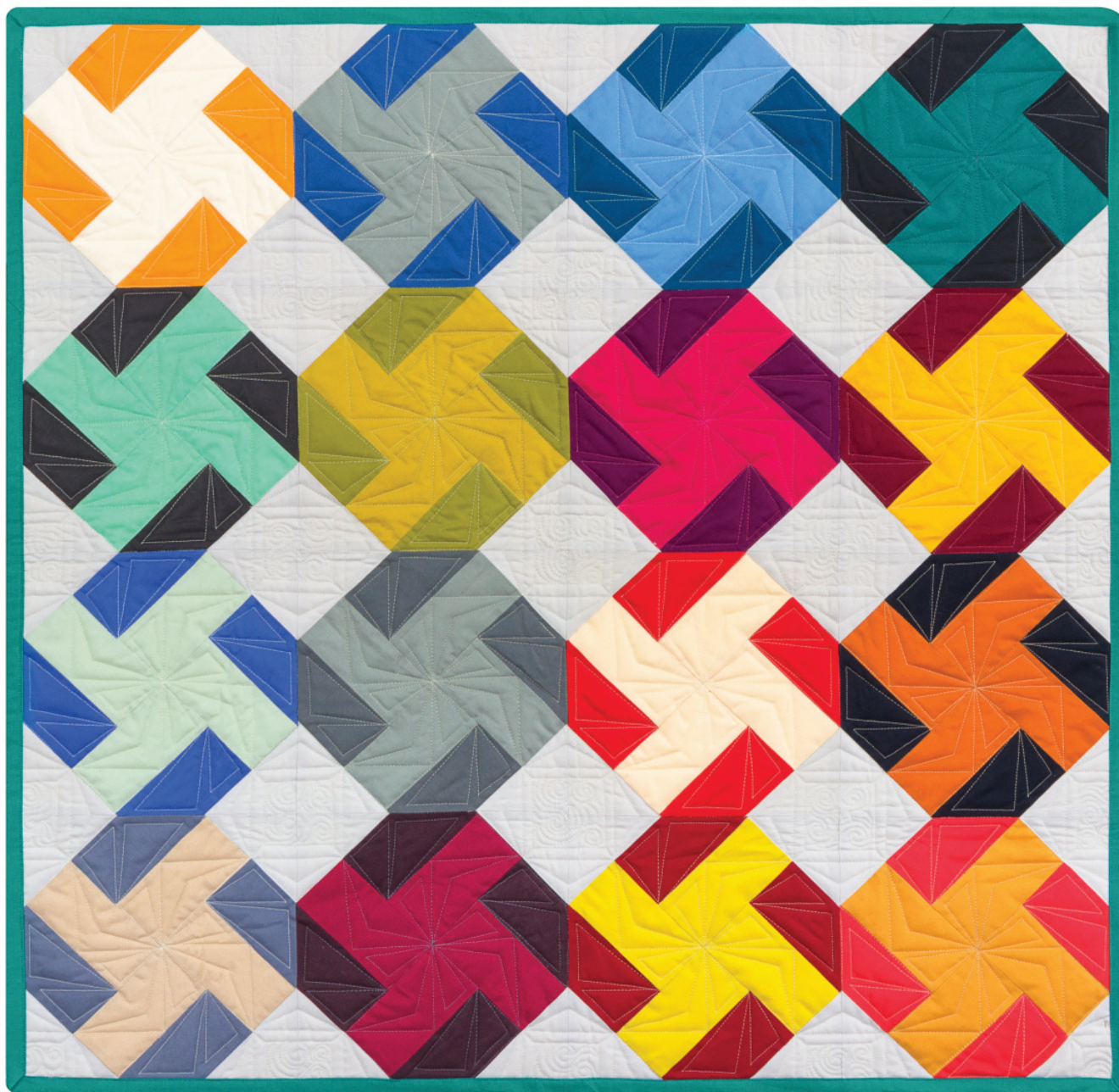


BABY BOW TWIST

Designed by Anita Grossman Solomon Featuring
www.makeitsimpler.com

 **KONA**[®]
designer palette
series



Finished quilt measures: 34-1/2" x 34-1/2"

Pattern Level: Confident Beginner

*"I have basic block construction down
and would like to learn a new trick!"*

ROBERTKAUFMAN
F A B R I C S

For questions about this pattern, please email Patterns@RobertKaufman.com.

Fabric and Supplies Needed

Fabric amounts based on yardage that is 42" wide.

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
	A	K001-457 SHADOW	5/8 yard		I	K001-443 CEDAR	
	OR		One Ten Square OR One Charm Roll each containing the following:		J	K001-441 BONSAI	
	B	K001-483 ULTRA MARINE			K	K001-295 GRAPHITE	
	C	K001-481 SANGRIA			L	K001-233 CELESTIAL	
	D	K001-480 PICKLE			M	K001-413 PARCHMENT	
	E	K001-476 GRELOW			N	K001-352 RUBY	
	F	K001-457 SHADOW <i>*set aside with Fabric A</i>			O	K001-1469 RAISIN	
	G	K001-456 SHALE			P	K001-359 PEPPER	
	H	K001-452 WASABI			Q	K001-357 LAPIS	

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
	R	K001-346 REGATTA			Z	K001-1482 SCHOOL BUS	
	S	K001-196 BLUE JAY			AA	K001-1295 POMEGRANATE	
	T	K001-197 ALOE			BB	K001-1178 INDIGO	
	U	K001-1478 YARROW			CC	K001-1091 CRIMSON	
	V	K001-7 TOMATO			DD	K001-1090 CREAM	
	W	K001-1339 SNOW			EE	K001-1087 CORAL	
	X	K001-1336 SLATE			FF	K001-1071 CHARCOAL	
	Y	K001-1328 SEAFOAM			GG	K001-1016 BERRY	

Copyright 2016, Robert Kaufman
For individual use only - Not for resale

You will also need:
1-1/4 yards for backing
1/3 yards for binding

Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!

Cutting Instructions

From Fabric A, cut:

four 4-1/2" x WOF strips. Subcut:

thirty-two 4-1/2" squares. Cut each square once along a diagonal to create two triangles each.

From the Roll Up OR Charm Roll fabrics, cut:

a total of thirty-two pairs of 5" x 9" rectangles, for a total of sixty-four.

Pair the fabrics for each block into two sets of two matching rectangles per block.

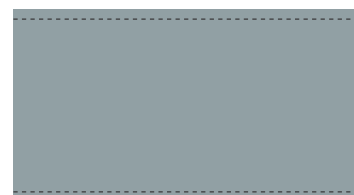
From the Binding Fabric, cut:

four 2-1/2" x WOF strips

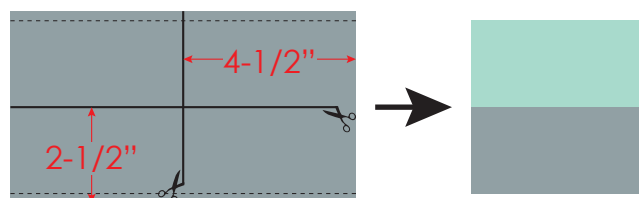
Assemble the Block

Note: the following instructions are for one single block.

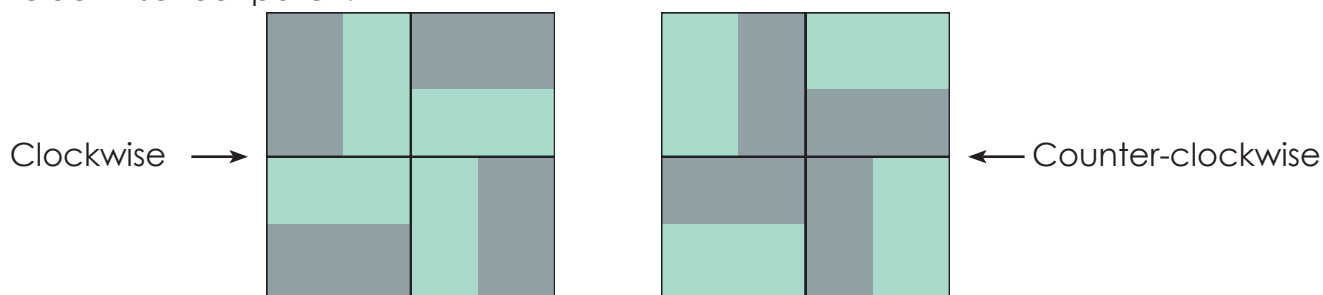
Step 1: Gather one rectangle from each color; Sew the two rectangles RST along both lengths into a 5" x 9" tube.



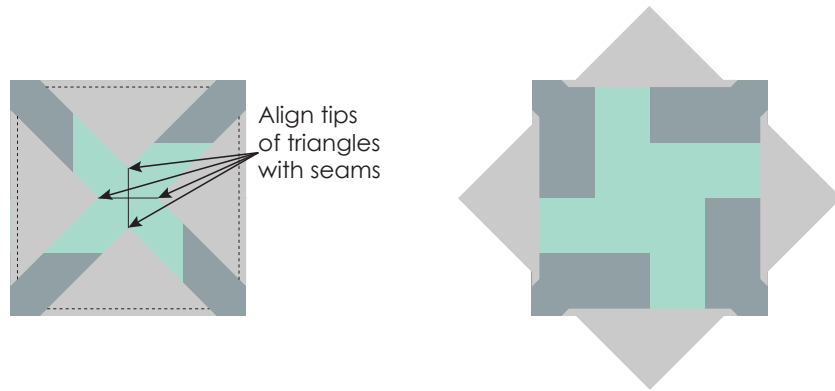
Step 2: Cut tube lengthwise, and then vertically through centers; open to press into four 4-1/2" x 4-1/2" units.



Step 3: Arrange following the diagram and sew units into 8-1/2" x 8-1/2" clockwise or counter-clockwise four-patch.

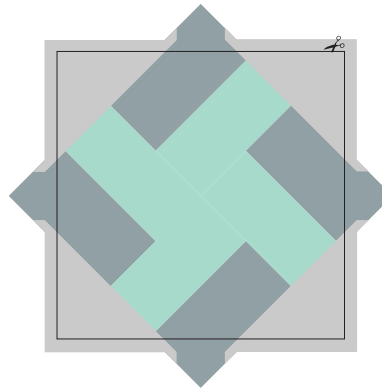


Step 4: Sew triangles to four-patch with right sides together and tips aligned on seam lines.
Tip: Taking care not to stretch the bias edge of the triangle, finger press a crease along the longest edge of the triangle to find the center. Place this crease along the center seam line of the block.



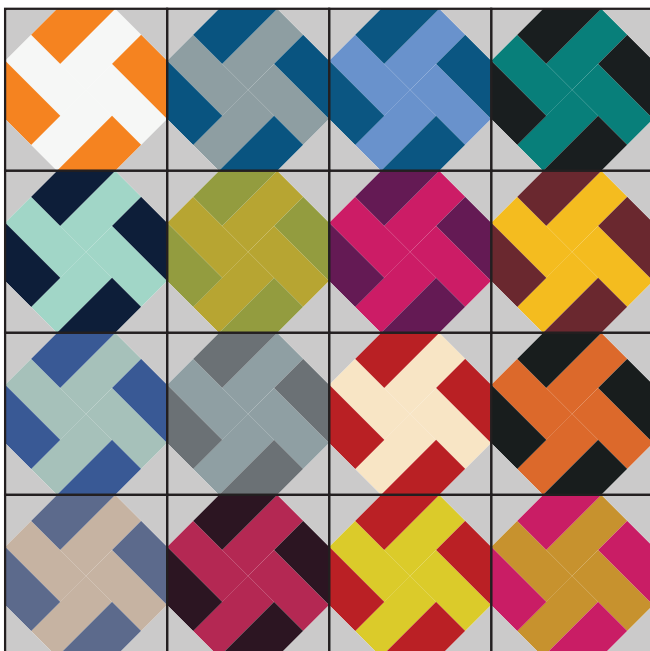
Step 5: Press triangle seams to side, not open.

Step 6: True-up the block to 9" square.



Repeat to create sixteen blocks.

Assemble the Quilt



Step 7: Arrange sixteen blocks into a pleasing layout of four rows of four blocks each.

Step 8: Sew blocks into rows, pressing seams to the left in odd numbered rows and to the right in even numbered rows.

Step 9: Sew rows together, pressing seams to one side.

Your quilt top is now complete. Baste, quilt, bind and enjoy!