

# RED STAR BY CORTNEY HEIMERL

## FINISHED SIZE 48" × 48"

#### **FABRIC**

# For the star design

- Fabric A 1/4 yd Terracotta
- Fabric B 1/4 yd Coral
- Fabric C ⅓ yd Flame
- Fabric D 1/2 yd Poppy

## For the star background and binding

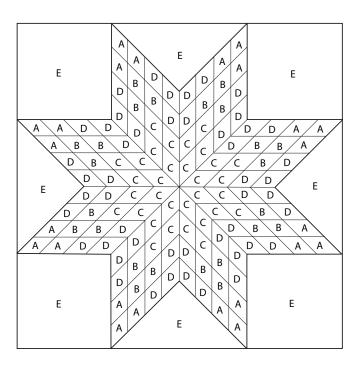
- Fabric E - 2 yd Fog

## For the backing fabric

- Fabric E - 2 yd Fog

## **OTHER SUPPLIES**

- Crib/Craft size Batting 48" × 60"
- Rotary cutter, rigid acrylic ruler, self-healing mat
- Machine sewing thread, for piecing
- Quilting thread
- Bent-arm safety pins or quilt-basting spray
- Walking foot for sewing machine



Finished Quilt Figure 1



## **DIRECTIONS**

All seam allowances are ¼" unless otherwise indicated.

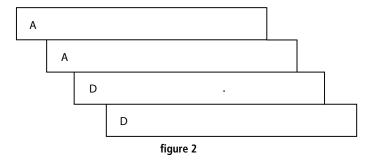
Remember to measure twice and cut once.

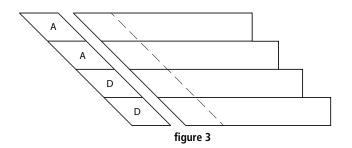
Please read through all instructions before beginning.

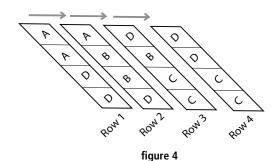
## **CUT THE FABRIC**

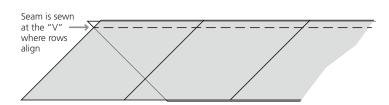
- Fabric A Terracotta
  - Cut 3 strips 3" × selvedge to selvedge
- Fabric B Coral
  - Cut 3 strips 3" × selvedge to selvedge
- Fabric C Flame
  - Cut 4 strips 3" × selvedge to selvedge
- Fabric D Poppy
  - Cut 6 strips 3" × selvedge to selvedge
- From the Fabric Fog
  - Cut 4 squares 18" × 18"
  - Cut 2 squares 20" x 20". Then cut those squares diagonally across the bias to create 4 right angled triangles











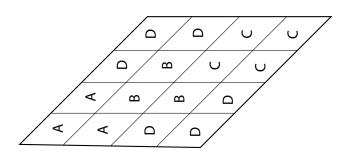


figure 5

figure 6

#### ASSEMBLE THE DIAMOND SEGMENTS

- 1. Sew strips together to make the rows, press seams.
- 2. Each strip should be staggered to maximize fabric usage. The angle of the stagger should mirror the angle that it will be cut, which is 45 degrees. (FIGURE 2)
- 3. Sew strips in this order (FIGURE 3):
- 4. Row 1: A, A, D, D or Terracotta, Terracotta, Poppy, Poppy
- 5. Row 2: A, B, B, D or Terracotta, Coral, Coral, Poppy
- 6. Row 3: D, B, C, C or Poppy, Coral, Flame, Flame
- 7. Row 4: D, D, C, C or Poppy, Poppy, Flame, Flame
- 8. Press all seams.
- 9. Cut each row into 8 strips at a 45 degree angle. (FIGURE 3)
- 10. Sew Row 1 to Row 2.
- 11. Sew Row 2 to Row 3.
- 12. Sew Row 3 to Row 4 (FIGURE 4).
- 13. Press all seams.

**TIP:** When piecing the diamond strips, arrange them so the points are offset '/4". Pay special attention to this offset - there should be a small triangle point that sticks out. The seam should be sewn '/4" from the edge, in the "V" where the two rows align **(FIGURE 5)**.

14. Repeat 8 times to create 8 diamond patches made of 16 smaller diamonds as shown (FIGURE 6).

## **ASSEMBLE THE QUILT TOP**

- **15.** Sew two diamond panels together, stopping 1/4" before the edge. Press seams open. **(FIGURE 7)**
- 16. Now that your two diamond panels are sewn together, there is a 90 degree angle where you can piece your 18" x 18" square. Sewing the square into this angle is called an inset seam.

**TIP:** The most important thing to remember when setting in pieces is that you must stop all stitching at the spot where the seam allowances on the pieces will cross at  $\frac{1}{4}$ ". This allows an opening so the squares can be set into the diamond panels smoothly.

- 17. With right sides together, sew the background square to the diamond panel to the left. You will stop 1/4" from the edge (right where your two diamond panels meet, but not into the seam allowance). (FIGURE 8)
- 18. With your needle still in the down position, lift your presser foot and pivot your fabric to line up the background square with diamond panel on the right. Continue sewing to complete your Y seam. (FIGURE 9)
- 19. Press all seams.
- 20. Repeat 4 times to create the four corners of the quilt.
- 21. Sew two corner pieces together, stopping 1/4" before the edge. (FIGURE 10)



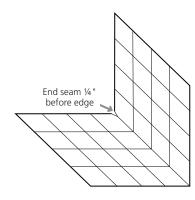
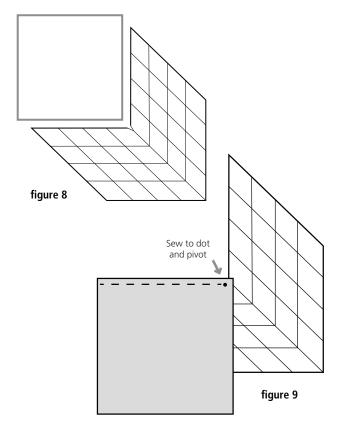
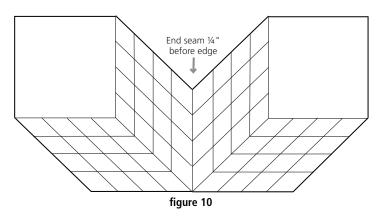
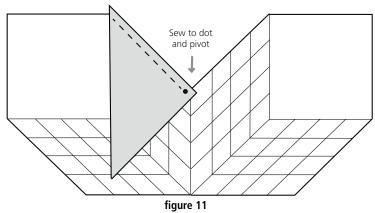


figure 7







- 22. Press seams open.
- 23. Insert the background into the star, this time using a triangle.
- 24. With right sides together, sew the background triangle to the left corner of the quilt. Stop  $\frac{1}{4}$ " from the edge. (FIGURE 11)
- 25. With your needle still in the down position, lift your presser foot and pivot your fabric to line up the background triangle with the diamond panel on the right corner of the quilt. Continue sewing to complete your Y seam.
- 26. Press seams.
- 27. Repeat to join the two other diamond patches.
- 28. With right sides together, sew the top of your star to the bottom, stopping a 1/4" in from each side. (FIGURE 12)
- 29. The last step is to inset the remaining background triangles around the edge of the quilt by repeating steps 23–25 that explain how to inset triangles.
- 30. Press seams.



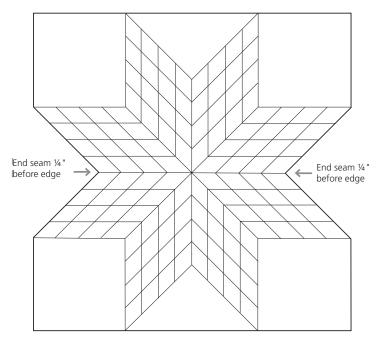


figure 12

# PREPARE FOR QUILTING

- **31.** Cut the backing fabric into two pieces the same length as the finished quilt top. Remove the selvedges. Pin the two pieces together along the long side and stitch. Press the seam open. Trim to correct size.
- 32. With the backing wrong side up, center the batting on top if it, then lay the quilt top onto the batting, right side up to create a quilt sandwich. Baste the three layers together using safety pins or quilt basting spray. If using safety pins, pin in rows no more than 6" apart.

# **QUILT AND FINISH**

- **33.** Use your sewing machine's walking foot to quilt in the ditch or set the machine for free motion and use a free motion foot to quilt as desired.
- **34.** Join the binding strips with diagonal seams. Create a double-layer binding by folding, then pressing the strip in half lengthwise with wrong sides together.
- **35.** Bind the quilt outer edges by sewing the binding into one side and folding the binding over the raw edge and hand-sewing or machine sewing the other folded edge in place.
- 36. Your quilt is complete! Enjoy!