

# HELIX

Designed by Jody Leonardo for RK  
[www.robertkaufman.com](http://www.robertkaufman.com)

Featuring FUSIONS® COLLECTION 



Finished quilt measures: 59" x 67"

Difficulty Rating: **Beginner**

**ROBERTKAUFMAN**  
F A B R I C S

*For questions about this pattern, please email [Patterns@RobertKaufman.com](mailto:Patterns@RobertKaufman.com).*

## Fabric and Supplies Needed

*Fabric amounts based on yardage that is 42" wide.*

Color	Fabric	Name/SKU	Yardage	Color	Fabric	Name/SKU	Yardage
		RU-1133-40 FUSIONS	One Roll Up		C	EYJ-5573-78 PEACOCK	7/8 yard
	A	E064-1191 LILAC	5/8 yard		Binding*	EYJ-5573-69 MIDNIGHT	1/2 yard
	B	EYJ-5573-69 MIDNIGHT	3/8 yard	You will also need: 3-3/4 yards for backing			

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### Notes Before You Begin

- Read through all of the instructions before beginning.
- All of the seam allowances are 1/4" unless otherwise noted.
- Press seam allowances open unless otherwise noted.
- Width of fabric (WOF) is equal to at least 42" wide.
- Right sides together has been abbreviated to RST.
- Remember to measure twice and cut once!



## Cutting Instructions

### **From the Roll Up Strips:**

Separate your strips into five groups. Each group should have multiple matching strips of four different fabrics. After you've separated your strips into groups:

From Group 1, cut:

one 2-1/2" x 8-1/2" rectangle from each fabric.

three 2-1/2" x 16-1/2" rectangles from each fabric.

From Group 2, cut:

two 2-1/2" x 8-1/2" rectangles from each fabric.

two 2-1/2" x 16-1/2" rectangles from each fabric.

From Group 3, cut:

four 2-1/2" x 8-1/2" rectangles from each fabric.

three 2-1/2" x 16-1/2" rectangles from each fabric.

From Group 4, cut:

seven 2-1/2" x 8-1/2" rectangles from each fabric.

three 2-1/2" x 16-1/2" rectangles from each fabric.

From Group 5, cut:

five 2-1/2" x 8-1/2" rectangles from each fabric.

two 2-1/2" x 16-1/2" rectangles from each fabric.

### **From Fabric A, cut:**

eight 2-1/2" x WOF strips. Subcut:

one-hundred and twenty-four 2-1/2" squares.

### **From Fabric B, cut:**

six 2" x WOF strips. Sew the strips together end-to-end, then subcut:

two 2" x 59-1/2" side inner borders

two 2" x 48-1/2" top/bottom inner borders

### **From Fabric C, cut:**

six 4-1/2" x WOF strips. Sew the strips together end-to-end, then subcut:

two 4-1/2" x 67-1/2" side inner borders

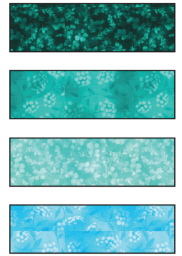
two 4-1/2" x 51-1/2" top/bottom outer borders

### **From the Binding Fabric, cut:**

seven 2-1/2" x WOF strips.

## Assemble the Small Blocks

**Step 1:** Gather one 2-1/2" x 8-1/2" of each fabric from the Group 1 pieces and four 2-1/2" Fabric A squares. Arrange the rectangles as shown.



**Step 2:** Mark a diagonal line on the wrong side of each Fabric A square.

**Step 3:** Place a marked square on the left end of the rectangle at the top of your arrangement from Step 1, oriented as shown. Sew on the marked line, then trim the excess fabric away leaving a 1/4" seam allowance. Press towards the rectangle.



**Step 4:** Repeat Step 3 using the third rectangle in your Step 1 arrangement.



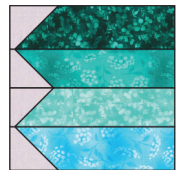
**Step 5:** Place a marked square on the left end of the second rectangle from your arrangement in Step 1, oriented as shown. Notice how this is mirrored from how the square was placed in the last unit. Sew on the marked line, then trim the excess fabric away leaving a 1/4" seam allowance. Press towards the square.



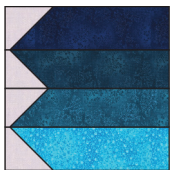
**Step 6:** Repeat Step 5 using the fourth rectangle in your Step 1 arrangement.



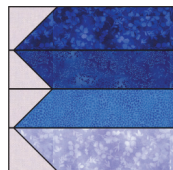
**Step 7:** Sew the Step 3-6 units together in the same order from your Step 1 arrangement. Press the seams open or in one direction.



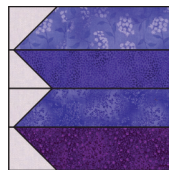
**Step 8:** Repeat Steps 1-7 to make:



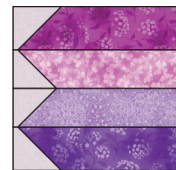
two Group 2 blocks



four Group 3 blocks



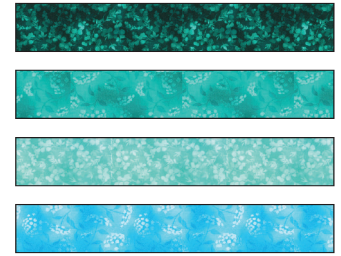
seven Group 4 blocks



five Group 5 blocks

## Assemble the Large Blocks

**Step 9:** Gather one 2-1/2" x 16-1/2" of each fabric from the Group 1 pieces and four 2-1/2" Fabric A squares. Arrange the rectangles as shown.



**Step 10:** Mark a diagonal line on the wrong side of each Fabric A square.

**Step 11:** Place a marked square on the left end of the rectangle at the top of your arrangement from Step 9, oriented as shown. Sew on the marked line, then trim the excess fabric away leaving a 1/4" seam allowance. Press towards the rectangle.



**Step 12:** Repeat Step 11 using the third rectangle in your Step 9 arrangement.



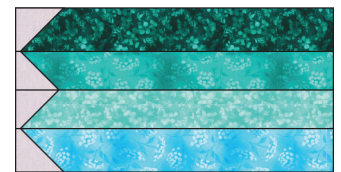
**Step 13:** Place a marked square on the left end of the second rectangle from your arrangement in Step 9, oriented as shown. Notice how this is mirrored from how the square was placed in the last unit. Sew on the marked line, then trim the excess fabric away leaving a 1/4" seam allowance. Press towards the square.



**Step 14:** Repeat Step 13 using the fourth rectangle in your Step 9 arrangement.



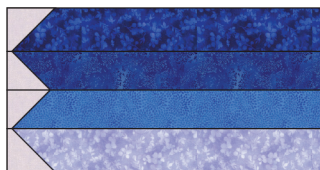
**Step 15:** Sew the Step 11-14 units together in the same order from your Step 1 arrangement. Press the seams open or in one direction. Repeat to make three Group 1 blocks.



**Step 16:** Repeat Steps 9-15 to make:



three Group 2 blocks



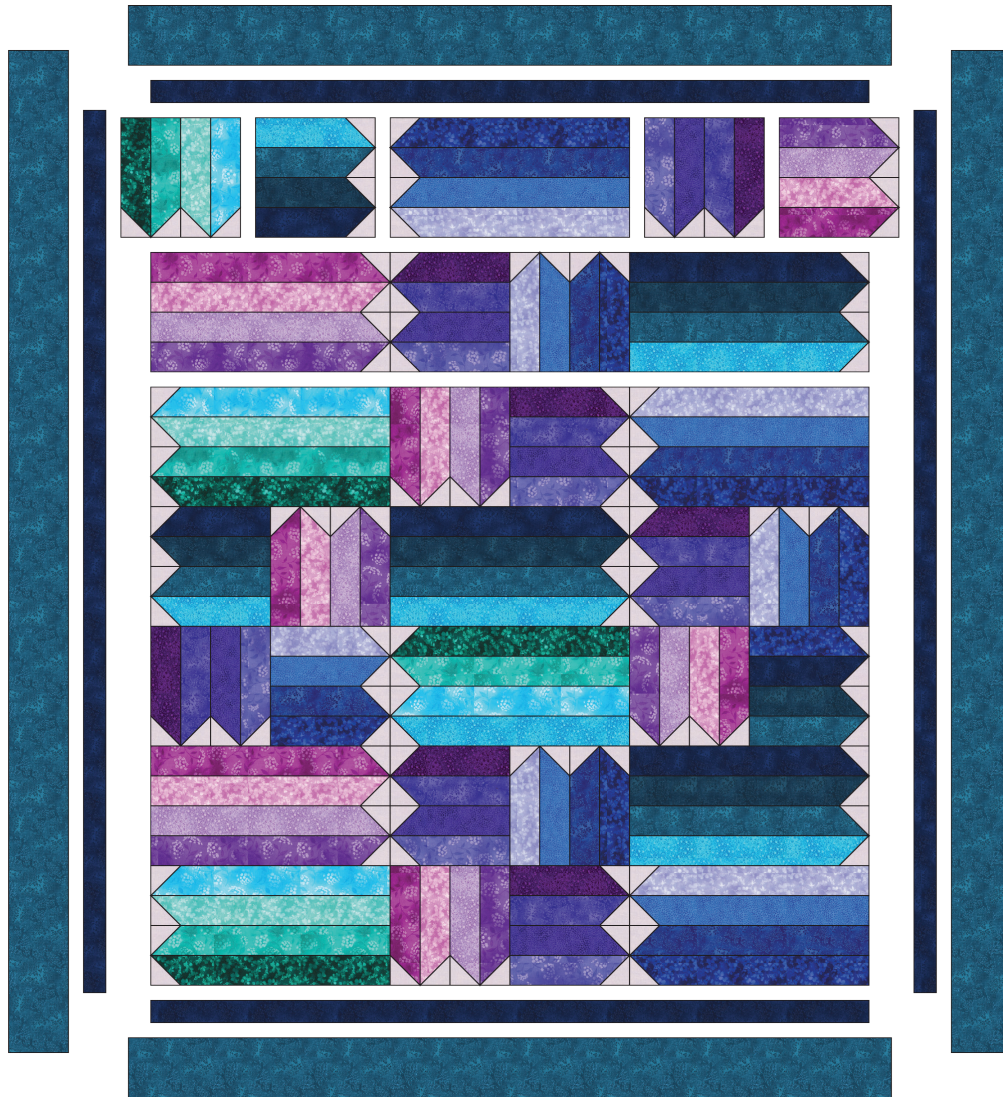
three Group 3 blocks



two Group 5 blocks



## Assemble the Quilt



**Step 17:** Arrange the blocks into seven rows. Note the fabric placement and block orientation in the Quilt Assembly Diagram.

**Step 18:** Sew the blocks together to form rows. Press the seams to the left in the odd-numbered rows and to the right in the even-numbered rows.

**Step 19:** Sew the rows together to form the quilt center. Press the row seams open.

**Step 20:** Sew the side inner borders to the sides of the quilt center. Press toward the borders. Sew the top and bottom inner borders to the quilt center. Press toward the borders.

**Step 21:** Sew the top and bottom outer borders to the quilt center. Press toward the borders. Sew the side outer borders to the sides of the quilt center. Press toward the borders.

Your quilt top is complete! Baste, quilt, bind, and enjoy!

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